





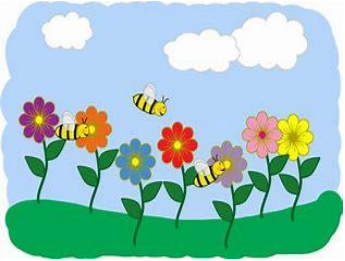
Clear Lake Elementary School Breakfast Menu ~ April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SCHOOL EASTER BREAK	3 Breakfast Cereal Or Sausage Pizza Graham Crackers Fruit Juice Fruit Milk Choice	4 Breakfast Cereal Or Little John Donut Yogurt or Yogurt Parfait Fruit Juice Fruit Milk Choice	5 Breakfast Cereal & Nutri Grain Bar Or Ham & Cheese Bagel Fruit Fruit Juice Milk Choice	6 Breakfast Cereal Or French Toast Sticks Cheese Omelet Fruit Juice Fruit Milk Choice
9 Breakfast Cereal Or Oatmeal Cereal Bar Fruit Juice Fruit Milk Choice	10 Breakfast Cereal & Graham Crackers Or Pancake Sausage Stick With Syrup Fruit Juice Fruit Milk Choice	11 Breakfast Cereal and Yogurt Or Peanut Butter & Jelly “Uncrustable” Fruit Juice Fruit Milk Choice	12 Breakfast Cereal Or Donut Holes Sausage Links Fruit Juice Fruit Milk Choice	13 Breakfast Cereal Or Cinnamon Roll Hard Cooked Egg Fruit Juice Fruit Milk Choice
16  TEACHER INSERVICE	17 Breakfast Cereal Or French Toast Sticks Sausage Links Fruit Juice Fruit Milk Choice	18 Breakfast Cereal Or Mini Cinni Smoothie Fruit Juice Fruit Milk Choice	19 Breakfast Cereal & Cheese Stick Or Ham & Cheese Bagel Sandwich Fruit Juice Fruit Milk Choice	20 Breakfast Cereal Or Donut Holes Yogurt Fruit Juice Fruit Milk Choice
23 Breakfast Cereal Or Oatmeal Pop Tart Fruit Juice Fruit Milk Choice	24 Breakfast Cereal Or Mini Donuts Cheese Omelet Fruit Juice Fruit Milk Choice	25 Breakfast Cereal & Yogurt Or Sausage & Cheese Sandwich Fruit Fruit Juice Milk Choice	26 Breakfast Cereal & Graham Crackers Or Pancakes With Syrup Fruit Juice Fruit Milk Choice	27 Breakfast Cereal Or Cinnamon Roll Scrambled Eggs Fruit Juice Fruit Milk Choice
30 Breakfast Cereal Or Sausage Pizza Graham Crackers Fruit Juice Fruit Milk Choice	<u>Milk Choices served daily:</u> White Skim, White 1%, & Chocolate Skim <u>Juice Choices served daily:</u> Apple, Grape, & Orange <u>Breakfast Served:</u> 8:00 to 8:17 a.m. each school day. <i>Menu Subject to Change.</i> This institution is an equal opportunity provider.			If you qualify for free lunch, breakfast is FREE! If you qualify for reduced lunch, breakfast is 30 cents. All other student breakfasts \$1.25.


Clear Lake Elementary School Lunch Menu ~ April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SCHOOL EASTER BREAK	3 Cheese Quesadilla Or Taco in a Bag Fixings Refried Beans Mandarin Oranges "Jonny Pop" Fruit Bar Milk Choice	4 Barbeque Riblet Or Chicken Patty on a Bun Potato Smiles Or Au Gratin Potatoes Green Beans Peaches Milk Choice	5 Toasted Cheese Sandwich Or PB & J "Uncrustable" Tomato Soup Crackers Vegetables With Dip Strawberries Frozen Yogurt Milk	6 Chicken Nuggets Mashed Potatoes/Gravy Dinner Roll Steamed Corn Applesauce Mixed Fruit Milk Choice
9 Mini Corn Dogs Or Peanut Butter Sandwich Potato Wedges Steamed Broccoli Cheese Sauce Sliced Pears Milk	10 Warrior Burger Or Macaroni & Cheese French Fries Baked Beans Applesauce Blueberries Milk Choice	11 "Oodles of Noodles" With Meat Sauce Or Chicken Alfredo Breadstick Garden Salad Bar Sliced Peaches Milk	12 Mandarin Orange Chicken Or Popcorn Chicken Chow Mein Noodles Rice Green Beans Carrots/Dip Pineapple Strawberries Fortune Cookie Milk	13 Cheese Pizza Or Turkey & Cheese Wrap Vegetables With Dip Grapes Slushie Fruit Cup Milk Choice
16 NO SCHOOL TEACHER INSERVICE	17 Turkey & Gravy With Biscuit Or PB & J "Uncrustable" Mashed Potatoes Steamed Corn Craisins Applesauce Milk Choice	18 Pulled Pork Or Breaded Chicken Patty on a Bun Curly Fries Green Beans Sliced Peaches Fruit Juice Milk Choice	19 Stromboli Or Calzone Or "Goldfish Bowl" Spaghetti Sauce Vegetables With Dip Grapes Pudding Cup Milk Choice	20 Sloppy Joe Or Grilled Chicken on a Bun French Fries Baked Beans Mandarin Oranges Milk Choice
23 Chicken Strips Or Teriyaki Chicken Seasoned Rice Green Beans Vegetables With Dip Sliced Peaches Milk Choice	24 Hot Dog on a Bun Or Meatball Sandwich Tator Tots Baked Beans Craisins Orange Smiles Milk Choice	25 Taco in a Bag Or Soft-Shell Taco Fixings Refried Beans Grapes Slushie Fruit Cup Milk Choice	26 Pizza Sticks Or Italian Flatbread Spaghetti Sauce Steamed Corn Pears Garden Salad Bar Cookie Milk	27 Hot Ham & Cheese Sandwich Or Warrior Burger French Fries Carrots With Dip Applesauce Blueberries Milk
30 PB & J "Uncrustable" Or Goldfish & Cheese Stick Vegetables With Dip Yogurt Cup Crackers Chicken Noodle Soup Strawberries Milk Choice	<p><u>Build a Healthy Lunch! We provide "Offer vs. Serve"</u> Students get to pick (at least) 3 components! Including (at least) ½ cup Fruit, ½ cup Vegetable, Or ½ cup Combo. <u>Milk Choices served daily:</u> White Skim, White 1%, & Chocolate Skim Not all entrée options available for PK students. Menu subject to change</p> <p>This institution is an equal opportunity provider.</p>		 <p style="font-size: 2em; color: red; font-weight: bold; text-align: center;">SPRING</p>	<p>Adults are encouraged to join their students for lunch @ a cost of \$3.60 per meal. Please pay in the office.</p>

Clear Lake High School Breakfast Menu ~ April 2018

Monday	Tuesday	Wednesday	Thursday	Friday	
<p>2</p> <p>NO SCHOOL EASTER BREAK</p>	<p>3 <u>Entrée Options</u> Cereal Sausage Pizza “Gripz” Graham Crackers Yogurt Pop Tart Banana Bread*</p>	<p>4 <u>Entrée Options</u> Cereal Oatmeal Mini Cinni Muffin Cream Cheese Bagel Yogurt</p>	<p>5 <u>Entrée Options</u> Cereal Cheese Omelet Muffin French Toast Sticks Oatmeal Bar Nutri Grain Bar</p>	<p>6 <u>Entrée Options</u> Cereal Yogurt “Gripz” Graham Crackers Donut Holes Cereal Bar Sausage Links</p>	
<p>9 <u>Entrée Options</u> Cereal Sausage Links Nutri Grain Bar Chocolate Chip “UBR” Cereal Bar Banana Bread*</p>	<p>10 <u>Entrée Options</u> Cereal Yogurt Oatmeal Bar Scrambled Eggs Muffin Little John Donut</p>	<p>11 <u>Entrée Options</u> Cereal Zee Zee Bar Muffin Yogurt Canadian Bacon, Egg, and Cheese Sandwich* “Gripz” Graham Crackers</p>	<p>12 <u>Entrée Options</u> Cereal Cheese Omelet Muffin Pancakes Nutri Grain Bar Yogurt Parfait</p>	<p>13 <u>Entrée Options</u> Cereal Yogurt “Gripz” Graham Crackers Cinnamon Roll Pop Tart Sausage Links</p>	
<p>16</p>  <p>TEACHER INSERVICE</p>	<p>17 <u>Entrée Options</u> Cereal Hard Cooked Egg Muffin Pop Tart Donut Holes Smoothie</p>	<p>18 <u>Entrée Options</u> Cereal Yogurt Muffin Bagel With Jelly Ham & Cheese Sandwich* “Gripz” Graham Crackers</p>	<p>19 <u>Entrée Options</u> Cereal Sausage Links Cereal Bar Yogurt Muffin PB & J “Uncrustable” Oatmeal Bar</p>	<p>20 <u>Entrée Options</u> Cereal Cheese Stick “Gripz” Graham Crackers Cinnamon Roll Nutri Grain Bar Cheese Omelet</p>	
<p>23 <u>Entrée Options</u> Cereal Banana Bread* Cheese Stick Pop Tart Pancake Sausage Stick Cereal Bar Yogurt</p>	<p>24 <u>Entrée Options</u> Cheese Omelet Cereal Cheese Stick Zee Zee Bar Muffin Little John Donut</p>	<p>25 <u>Entrée Options</u> Cereal Yogurt Muffin Nutri Grain Bar “Gripz” Graham Crackers Sausage, Egg, & Cheese Sandwich*</p>	<p>26 <u>Entrée Options</u> Cereal Yogurt Pop Tart Mini Donuts Muffin Sausage Links</p>	<p>27 <u>Entrée Options</u> Cereal Cheese Omelet Oatmeal Bar Cinnamon Roll Cereal Bar Yogurt Parfait</p>	
<p>30 <u>Entrée Options</u> Cereal Sausage Pizza “Gripz” Graham Crackers Yogurt Pop Tart Banana Bread*</p>	<p><u>Build a Healthy Breakfast!</u></p> <p>May select 1 fruit juice, 1 milk, and a ½ cup serving of fruit. May select 2 Entrée Options (* items count as 2). Entrée Options in blue may be doubled to count as your 2 items. Milk Options: White 1%, White Skim, & Chocolate Skim Juice Options: Apple, Grape, & Orange</p> <p>This institution is an equal opportunity provider. Menu Subject to Change</p>				<p>If you qualify for free lunch, breakfast is FREE! If you qualify for reduced lunch, breakfast is 30 cents. All other student breakfasts \$1.35.</p>

Clear Lake High School Lunch Menu ~ April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SCHOOL EASTER BREAK	3 Deluxe Nachos Or Quesadilla Fixings Refried Beans Pineapple Tidbits “Jonny Pop” Fruit Bar Juice Milk Choice	4 Barbeque Riblet Or Chicken Patty on a Bun Baby Red Potatoes Green Beans Mixed Fruit Grapes Milk	5 Toasted Cheese Sandwich Or PB & J “Uncrustable” Or Oriental Chicken Salad Tomato Soup Crackers Vegetables/Dip Milk Strawberries Mandarin Oranges	6 Chicken Nuggets Or Salisbury Steak Mashed Potatoes/Gravy Dinner Roll Milk Sweet Potato Soufflé Applesauce Blueberries
9 “Brunch Lunch” Cheese Omelet Donut Sausage Links Juice Hash browns Salsa Orange Wedges Milk (Grilled Chicken Salad Option)	10 Warrior Burger Or Pulled Pork Sandwich French Fries Baked Beans Mandarin Oranges Sliced Pears Milk Choice	11 Penne Pasta With Meat Sauce Or Chicken Alfredo Breadstick Caesar Salad Steamed Broccoli Sliced Apples Slushie Fruit Cup Milk	12 Mandarin Orange Chicken Or Chicken Smackers Chow Mein Noodles Rice Green Beans Carrots/Dip Applesauce Pineapple Fortune Cookie Milk Choice	13 Cheese Pizza Or Club Wrap Steamed Corn Garden Salad Bar Grapes Strawberries Milk Choice
16 NO SCHOOL TEACHER INSERVICE	17 Turkey & Gravy/Biscuit Or Peanut Butter Sandwich Mashed Potatoes Steamed Carrots Sliced Pears Craisins Milk Choice	18 Breaded Chicken Patty Or Fish on a Bun Green Beans Ranch Sweet Potato Fries Or Tator Tots Juice Mandarin Oranges Milk	19 Stromboli Or Bosco Sticks Or Garlic Cheese French Bread Caesar Salad Sliced Peaches Sliced Apples Pudding Cup Milk Choice	20 Sloppy Joe Or Grilled Chicken on a Bun Curly Fries Baked Beans Pineapple Blueberries Strawberry Cup Milk
23 Chicken Nuggets Or Chicken Teriyaki Wrap Seasoned Rice Green Beans Vegetables With Dip Sliced Peaches Juice Milk Choice	24 Hot Dog Or Meatballs on a Bun Tator Tots Baked Beans Applesauce Blueberries Milk Choice	25 Tacos Or Ham & Cheese Sandwich Fixings Refried Beans Pineapple Tidbits Grapes Sherbet Milk Choice	26 Pizza Sticks Or Italian Flatbread Or BBQ Pork Sandwich Steamed Corn Garden Salad Sliced Apples Cookie Sliced Pears Milk Choice	27 Hot Ham & Cheese Sandwich Or Warrior Burger Potato Wedges/Cheese Sauce Steamed Broccoli Mandarin Oranges Strawberries Milk
30 Garlic Cheese French Bread Or Peanut Butter Sandwich Chicken Noodle Soup Vegetables With Dip Marinara Sauce Applesauce Crackers Sliced Peaches Milk	<p><u>Build a Healthy Lunch! We provide “Offer vs. Serve”</u></p> <p>Students get to pick (at least) 3 components! Including (at least) ½ cup Fruit, ½ cup Vegetable, Or ½ cup Combo. <u>Milk Choices served daily:</u> White Skim, White 1%, & Chocolate Skim</p> <p>This institution is an equal opportunity provider. <i>Menu Subject to Change</i></p>			<p><u>‘A la Carte Options:</u></p> <p>Extra Entrée \$1.75 Best Maid Wellness Cookie, Baked Chips, Or Snack \$0.85 Milk \$0.30</p>

