




Clear Lake Elementary School Breakfast Menu ~ **March** 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>If you qualify for free lunch, breakfast is FREE! If you qualify for reduced lunch, breakfast is 30 cents. All other student breakfasts \$1.25.</p>	<p><u>Milk Choices served daily:</u> White Skim, White 1%, & Chocolate Skim <u>Juice Choices served daily:</u> Apple, Grape, & Orange <u>Breakfast Served:</u> 8:00 to 8:17 a.m. each school day. <i>Menu Subject to Change.</i> This institution is an equal opportunity provider.</p>		<p>1 Breakfast Cereal & Graham Crackers Or Pancakes With Syrup Fruit Juice Fruit Milk Choice</p>	<p>2 Breakfast Cereal Or Cinnamon Roll Scrambled Eggs Fruit Juice Fruit Milk Choice</p>
<p>5 Breakfast Cereal Or Oatmeal Chocolate Chip “UBR” Fruit Juice Fruit Milk Choice</p>	<p>6 Breakfast Cereal Or Sausage Pizza Graham Crackers Fruit Juice Fruit Milk Choice</p>	<p>7 Breakfast Cereal & Nutri Grain Bar Or Ham & Cheese Bagel Fruit Juice Fruit Milk Choice</p>	<p>8 Breakfast Cereal Or Little John Donut Yogurt or Yogurt Parfait Fruit Juice Fruit Milk Choice</p>	<p>9 Breakfast Cereal Or French Toast Sticks Cheese Omelet Fruit Juice Fruit Milk Choice</p>
<p>National School Breakfast Week March 5-9</p>				
<p>12 Breakfast Cereal Or Donut Holes Sausage Links Fruit Juice Fruit Milk Choice</p>	<p>13 Breakfast Cereal & Graham Crackers Or Pancake Sausage Stick With Syrup Fruit Juice Fruit Milk Choice</p>	<p>14 Breakfast Cereal Or Oatmeal Cereal Bar Fruit Juice Fruit Milk Choice</p>	<p>15 Breakfast Cereal and Yogurt Or Peanut Butter & Jelly “Uncrustable” Fruit Juice Fruit Milk Choice</p>	<p>16 Breakfast Cereal Or Cinnamon Roll Hard Cooked Egg Fruit Juice Fruit Milk Choice</p>
<p>19 Breakfast Cereal Or French Toast Sticks Sausage Links Fruit Juice Fruit Milk Choice</p>	<p>20 Breakfast Cereal Or Mini Cinni Smoothie Fruit Juice Fruit Milk Choice</p>	<p>21 Breakfast Cereal & Cheese Stick Or Ham & Cheese Bagel Sandwich Fruit Juice Fruit Milk Choice</p>	<p>22 Breakfast Cereal Or Oatmeal Blueberry Or Chocolate Muffin Fruit Juice Fruit Milk Choice</p>	<p>23 Breakfast Cereal Or Donut Holes Yogurt Fruit Juice Fruit Milk Choice</p>
<p>26 Breakfast Cereal & Graham Crackers Or Pancakes With Syrup Fruit Juice Fruit Milk Choice</p>	<p>27 Breakfast Cereal Or Mini Donuts Cheese Omelet Fruit Juice Fruit Milk Choice</p>	<p>28</p> 	<p>29</p> <p>NO SCHOOL Easter Break</p>	<p>30</p> 



Clear Lake Elementary School Lunch Menu~ March 2018

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><u>Build a Healthy Lunch! We provide "Offer vs. Serve"</u> Students get to pick (at least) 3 components! Including (at least) ½ cup Fruit, ½ cup Vegetable, Or ½ cup Combo. <u>Milk Choices served daily:</u> White Skim, White 1%, & Chocolate Skim Not all entrée options available for PK students. Menu subject to change This institution is an equal opportunity provider.</p>		1 Chicken Nuggets Mashed Potatoes/Gravy Dinner Roll Steamed Corn Applesauce Mixed Fruit Milk Choice	2 Toasted Cheese Sandwich Or PB & J "Uncrustable" Tomato Soup Crackers Vegetables With Dip Strawberries Frozen Yogurt Milk
5 Mini Corn Dogs Or Peanut Butter Sandwich Potato Wedges Steamed Broccoli Cheese Sauce Sliced Pears Milk	6 Mandarin Orange Chicken Or Popcorn Chicken Chow Mein Noodles Rice Green Beans Carrots/Dip Pineapple Strawberries Fortune Cookie Milk	7 "Oodles of Noodles" With Meat Sauce Or Chicken Alfredo Breadstick Garden Salad Bar Sliced Peaches Milk	8 Ham & Cheese Sub Or PB & J "Uncrustable" Fresh Vegetables Chips Grapes Mandarin Oranges Milk Choice	9 Warrior Burger Or Macaroni & Cheese French Fries Baked Beans Applesauce Blueberries Milk Choice
12 Turkey & Gravy With Biscuit Or PB & J "Uncrustable" Mashed Potatoes Steamed Corn Craisins Applesauce Milk Choice	13 Stromboli Or Calzone Or "Goldfish Bowl" Spaghetti Sauce Vegetables With Dip Grapes Pudding Cup Milk Choice	14 Chicken Fajita Wrap Or Yogurt, Cheese Stick, & Muffin Carrots With Dip Black Beans Rice Pineapple Strawberries Milk Choice	15 Pulled Pork Or Breaded Chicken Patty on a Bun Curly Fries Green Beans Sliced Peaches Fruit Juice Milk Choice	16 Cheese Pizza Or Turkey & Cheese Wrap Garden Salad Bar Sliced Apples Slushie Fruit Cup Milk Choice
19 Chicken Strips Or Teriyaki Chicken Seasoned Rice Green Beans Vegetables With Dip Sliced Peaches Milk Choice	20 Hot Dog on a Bun Or Meatball Sandwich Tator Tots Baked Beans Craisins Orange Smiles Milk Choice	21 Taco in a Bag Or Soft-Shell Taco Fixings Refried Beans Grapes Slushie Fruit Cup Milk Choice	22 Hot Ham & Cheese Sandwich Or Warrior Burger French Fries Carrots With Dip Applesauce Blueberries Milk	23 Pizza Sticks Or Italian Flatbread Spaghetti Sauce Steamed Corn Pears Garden Salad Bar Cookie Milk
26 "Brunch Lunch" Cheese Omelet Sausage Links Dragon Punch Hash brown Muffin Orange Smiles Milk Choice	27 Pizza Casserole and Breadstick Or Peanut Butter Sandwich Garden Salad Bar Applesauce Cup Milk Choice	28 <h2 style="margin: 0;">NO SCHOOL</h2> <h2 style="margin: 0;">Teacher</h2> <h2 style="margin: 0;">Inservice</h2>	29 <h2 style="margin: 0;">NO SCHOOL</h2> <h2 style="margin: 0;">Easter Break</h2>	30 

Clear Lake High School Breakfast Menu ~ **March** 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>National School Breakfast Week March 5-9th If you qualify for free lunch, breakfast is FREE! If you qualify for reduced lunch, breakfast is 30 cents. All other student breakfasts \$1.30.</p>	<p><u>Build a Healthy Breakfast!</u> May select 1 fruit juice, 1 milk, and a ½ cup serving of fruit. May select 2 Entrée Options (* items count as 2). Entrée Options in blue may be doubled to count as your 2 items. Milk Options: White 1%, White Skim, & Chocolate Skim Juice Options: Apple, Grape, & Orange Menu Subject to Change This institution is an equal opportunity provider.</p>		<p>1 <u>Entrée Options</u> Cereal Yogurt Pop Tart Mini Donuts Muffin Sausage Links</p>	<p>2 <u>Entrée Options</u> Cereal Cheese Omelet Oatmeal Bar Cinnamon Roll Cereal Bar Yogurt Parfait</p>
<p>5 <u>Entrée Options</u> Cereal Sausage Pizza “Gripz” Graham Crackers Yogurt Pop Tart Banana Bread*</p>	<p>6 <u>Entrée Options</u> Cereal Oatmeal Mini Cinni Muffin Cream Cheese Bagel Yogurt</p>	<p>7 <u>Entrée Options</u> Cereal Cheese Stick Pop Tart Bagel With Jelly Muffin Ham & Cheese Sandwich</p>	<p>8 <u>Entrée Options</u> Cereal Cheese Omelet Muffin French Toast Sticks Oatmeal Bar Nutri Grain Bar</p>	<p>9 <u>Entrée Options</u> Cereal Yogurt “Gripz” Graham Crackers Donut Holes Cereal Bar Sausage Links</p>
<p>12 <u>Entrée Options</u> Cereal Sausage Links Nutri Grain Bar Chocolate Chip “UBR” Cereal Bar Banana Bread*</p>	<p>13 <u>Entrée Options</u> Cereal Cheese Omelet Muffin Pancakes Nutri Grain Bar Yogurt Parfait</p>	<p>14 <u>Entrée Options</u> Cereal Zee Zee Bar Muffin Yogurt Canadian Bacon, Egg, and Cheese Sandwich* “Gripz” Graham Crackers</p>	<p>15 <u>Entrée Options</u> Cereal Yogurt Oatmeal Bar Scrambled Eggs Muffin Little John Donut</p>	<p>16 <u>Entrée Options</u> Cereal Yogurt “Gripz” Graham Crackers Cinnamon Roll Pop Tart Sausage Links</p>
<p>19 <u>Entrée Options</u> Cereal Yogurt Muffin Oatmeal French Toast Sticks Sausage Links</p>	<p>20 <u>Entrée Options</u> Cereal Yogurt Muffin Bagel With Jelly Ham & Cheese Sandwich* “Gripz” Graham Crackers</p>	<p>21 <u>Entrée Options</u> Cereal Hard Cooked Egg Muffin Pop Tart Donut Holes Smoothie</p>	<p>22 <u>Entrée Options</u> Cereal Sausage Links Cereal Bar Yogurt Muffin PB & J “Uncrustable” Oatmeal Bar</p>	<p>23 <u>Entrée Options</u> Cereal Cheese Stick “Gripz” Graham Crackers Cinnamon Roll Nutri Grain Bar Cheese Omelet</p>
<p>26 <u>Entrée Options</u> Cereal Banana Bread* Cheese Stick Pop Tart Pancake Sausage Stick Cereal Bar Yogurt</p>	<p>27 <u>Entrée Options</u> Cereal Yogurt Pop Tart Mini Donuts Muffin Sausage Links</p>	<p>28 NO SCHOOL Teacher Inservice</p>	<p>29 NO SCHOOL Easter Break</p>	<p>30 </p>

Clear Lake High School Lunch Menu~March 2018

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><u>Build a Healthy Lunch! We provide "Offer vs. Serve"</u> Students get to pick (at least) 3 components! Including (at least) ½ cup Fruit, ½ cup Vegetable, Or ½ cup Combo. <u>Milk Choices served daily:</u> White Skim, White 1%, & Chocolate Skim This institution is an equal opportunity provider. <i>Menu Subject to Change</i></p>		<p>1 Chicken Nuggets Or Salisbury Steak Mashed Potatoes/Gravy Dinner Roll Milk Sweet Potato Soufflé Applesauce Blueberries</p>	<p>2 Toasted Cheese Sandwich Or PB & J "Uncrustable" Or Oriental Chicken Salad Tomato Soup Crackers Vegetables/Dip Milk Strawberries Mandarin Oranges</p>
<p>5 "Brunch Lunch" Cheese Omelet Donut Sausage Links Juice Hash browns Salsa Orange Wedges Milk (Grilled Chicken Salad Option)</p>	<p>6 Mandarin Orange Chicken Or Chicken Smackers Chow Mein Noodles Rice Green Beans Carrots/Dip Applesauce Pineapple Fortune Cookie Milk Choice</p>	<p>7 Penne Pasta With Meat Sauce Or Chicken Alfredo Breadstick Caesar Salad Steamed Broccoli Sliced Peaches Slushie Fruit Cup Milk</p>	<p>8 Ham & Cheese Or Grilled Chicken Sub Fresh Vegetables Tangy Broccoli Salad Chips Grapes Strawberries Milk</p>	<p>9 Warrior Burger Or Fish Pulled Pork Sandwich French Fries Baked Beans Mandarin Oranges Sliced Pears Milk Choice</p>
<p>12 Turkey & Gravy/Biscuit Or Peanut Butter Sandwich Mashed Potatoes Steamed Carrots Sliced Pears Craisins Milk Choice</p>	<p>13 Stromboli Or Bosco Sticks Garlic Cheese French Bread Caesar Salad Sliced Peaches Sliced Apples Pudding Cup Milk Choice</p>	<p>14 Chicken Fajita, Ham & Cheese Wrap, Chicken Caesar Salad Or PB & J "Uncrustable" Carrots/Dip Seasoned Rice Black Beans Strawberries Pineapple Milk</p>	<p>15 Breaded Chicken Patty Or Fish on a Bun Green Beans Ranch Sweet Potato Fries Or Tator Tots Juice Mandarin Oranges Milk</p>	<p>16 Cheese Pizza Or BBQ Chicken Sub Steamed Corn Garden Salad Bar Grapes Applesauce Milk Choice</p>
<p>19 Chicken Nuggets Or Chicken Teriyaki Wrap Seasoned Rice Green Beans Vegetables With Dip Sliced Peaches Juice Milk Choice</p>	<p>20 Hot Dog Or Meatballs on a Bun Tator Tots Baked Beans Applesauce Blueberries Milk Choice</p>	<p>21 Tacos Or Ham & Cheese Sandwich Fixings Refried Beans Pineapple Tidbits Grapes Sherbet Milk Choice</p>	<p>22 Hot Ham & Cheese Sandwich Or Warrior Burger Potato Wedges/Cheese Sauce Steamed Broccoli Mandarin Oranges Strawberries Milk</p>	<p>23 Pizza Sticks Or Italian Flatbread Or BBQ Pork Sandwich Steamed Corn Garden Salad Sliced Apples Cookie Sliced Pears Milk Choice</p>
<p>26 Chicken Philly Sub Or Turkey & Cheese Sub Or Or Barbeque Chicken Sub Fresh & Roasted Vegetables Oriental Slaw Craisins Mandarin Oranges Chips Milk Choice</p>	<p>27 Pizza Casserole Or Crispy Chicken Salad Breadstick Steamed Corn Milk Vegetables/Dip Applesauce Slushie Fruit Cup</p>	<p>28</p> 	<p>29</p> <p>NO SCHOOL Easter Break</p>	<p>30</p> 