Clear Lake School District

Local Wellness Policy Report Card | 2018-2019

Overall Rating

2.4

Ratings are based on a four-point scale to measure success in meeting/ complying with each objective.

0 = objective not met/no activities completed

- 1 = objective partially met/some activities completed
- 2 = objective mostly met/multiple activities completed
- 3 = objective met/all activities completed

In 2010, the Healthy, Hunger Free Kids Act was passed, which expanded upon previous requirements and included new provisions that place a greater emphasis on the implementation, evaluation, and transparency of local wellness policies. A copy of the Clear Lake School District wellness policy is available at www.clwarriors.org. Below you will find a summary of the policy objectives and the results of the most recent evaluation (12/7/2018). The school wellness committee completed the evaluation by scoring the adherence to policy objectives on a four-point scale. For questions regarding the results or for information on joining the wellness committee, contact District Office at 715-263-2114.

| reception of school children, model healthy eating patterns, and support healthy choices while accommodating cultural preferences and special dietary needs. The district is committed to ensuring that all meals meet or exceed current nutrition requirements established under the district is committed to ensuring that all meals meet or exceed current nutrition requirements established under the dealth Hunger-Free Kids Act of 2010. It meals are accessible to all students and the meals are appealing and attractive and served in clean and pleasant settings. It may be created/reviewed by a certified nutrition professional and students shall be allowed to provide input on neun tiems. It is all school nutrition program directors, managers, and staff shall meet or exceed thiring and annual continuing dutaction/training requirements in the USDA professional standards for child nutrition professionals. It is be bistrict adheres to the Wisconsin Department of Public Instruction fundraiser exemption policy and allows two exempt fundraisers per student organization per school per year. All other fundraisers sold during the school day will meet he Smart Snacks nutrition standards. Notify parents of the availability of the breakfast, lunch, and summer food programs and shall be encouraged to determine ligibility for reduced or free meals. It food and beverages sold and served outside of the school meal programs shall, at a minimum, meet the standards stabilished in USDA's Nutrition Standards for All Foods Sold in Schools (Smart Snacks) rule. It is been been supported and the school campus meet or exceed the USDA Smart Snacks in School nutrition and the school meal programs and shall be encouraged to determine ligibility for more must be purchased prepackaged or from a licensed facility. Food rewards or nacentives shall not be used in classrooms to encourage student achievement or desirable behavior. Non-food celebrations will be encouraged. Sutrition Promotion The District is committed to providing a school environmen | Nutrition Standards for All Foods in School | Rating |
|--|---|--------|
| Interferences and special dietary needs. Interdistrict is committed to ensuring that all meals meet or exceed current nutrition requirements established under the death Hunger-Free Kids Act of 2010. Ill meals are accessible to all students and the meals are appealing and attractive and served in clean and pleasant settings. Is diadents are provided at least 10 minutes to eat breakfast and at least 20 minutes to eat lunch after being seated. Interviewed by a certified nutrition professional and students shall be allowed to provide input on nenu items. It is should nutrition program directors, managers, and staff shall meet or exceed hiring and annual continuing ducation/training requirements in the USDA professional standards for child nutrition professionals. The District atheres to the Wisconsin Department of Public Instruction fundraiser exemption policy and allows two exempt fundraisers per student organization per school per year. All other fundraisers exemption policy and allows two exempt fundraisers per student organization per school per year. All other fundraisers exemption policy and allows two exemption for the examilability of the breakfast, lunch, and summer food programs and shall be encouraged to determine ligibility for reduced or free meals. It food and beverages sold and served outside of the school meal programs shall, at a minimum, meet the standards stabilished in USDA's Nutrition Standards for All Foods Sold in Schools (Smart Snacks) rule. The District encourages foods offered on the school campus meet or exceed the USDA Smart Snacks in School nutrition tandards including those provided at celebrations and parties and classroom snacks brought by staff or family members. Celebration food/tureats brought from home must be purchased prepackaged or from a licensed facility. Food rewards or necentives shall not be used in classrooms to encourage student achievement or desirable behavior. Non-food celebrations will be encouraged. Nutrition Promotion The District is committed to providi | The district is committed to serving healthy meals to our students. The school meal programs aim to improve the diet and | 3 |
| The district is committed to ensuring that all meals meet or exceed current nutrition requirements established under the dealth Hunger-Free Kids Act of 2010. All meals are accessible to all students and the meals are appealing and attractive and served in clean and pleasant settings. Students are provided at least 10 minutes to eat breakfast and at least 20 minutes to cat lunch after being seated. 3 Menus shall be created/reviewed by a certified nutrition professional and students shall be allowed to provide input on menu items. All school nutrition program directors, managers, and staff shall meet or exceed hiring and annual continuing diducation/training requirements in the USDA professional standards for child nutrition professionals. The District adheres to the Wisconsin Department of Public Instruction fundraiser exemption policy and allows two exempt fundraisers per student organization per school per year. All other fundraisers sold during the school day will meet he Smart Snacks nutrition standards. Notify parents of the availability of the breakfast, lunch, and summer food programs and shall be encouraged to determine digibility for reduced or free meals. All food and beverages sold and served outside of the school meal programs shall, at a minimum, meet the standards stablished in USDA's Nutrition Standards for All Foods Sold in Schools (Smart Snacks) rule. The District accourages foods offered on the school campus meet or exceed the USDA Smart Snacks in School nutrition tandards including those provided at celebrations and parties and classroom snacks brought by staff or family members. 2 Delebration food/trueats brought from home must be purchased prepackaged or from a licensed facility. Food rewards or necentives shall not be used in classrooms to encourage student achievement or desirable behavior. Non-food celebrations will be encouraged. Nutrition Promotion The District is committed to providing a school environment that promotes students to practice healthy eating and physical activi | | |
| Health Hunger-Free Kids Act of 2010. All meals are accessible to all students and the meals are appealing and attractive and served in clean and pleasant settings. 3 Mill meals are accessible to all students and the meals are appealing and attractive and served in clean and pleasant settings. 3 Mill meals are provided at least 10 minutes to eat breakfast and at least 20 minutes to eat lunch after being seated. 3 Menus shall be created/reviewed by a certified nutrition professional and students shall be allowed to provide input on menu items. All school nutrition program directors, managers, and staff shall meet or exceed hiring and annual continuing aducation/training requirements in the USDA professional standards for child nutrition professionals. 1 Professional standards for child nutrition professionals. 1 Professional standards for child nutrition professionals. 1 Professional standards for child nutrition professionals. 2 Professional standards for child nutrition professionals. 3 Professional standards for child nutrition professionals. 3 Professional standards for child nutrition professionals. 4 Professional standards for child nutrition professionals. 4 Professional standards for child nutrition professionals. 5 Professional standards for child nutrition professionals. 5 Professional standards for child nutrition professionals. 6 Professional standards for child nutrition professionals. 8 Professional standards for child nutrition professionals. 8 Professionals. 9 Professionals. 1 Profes | | 3 |
| Addents are provided at least 10 minutes to eat breakfast and at least 20 minutes to eat lunch after being seated. 3 menus shall be created/reviewed by a certified nutrition professional and students shall be allowed to provide input on nenu items. All school nutrition program directors, managers, and staff shall meet or exceed hiring and annual continuing ducation/training requirements in the USDA professional standards for child nutrition professionals. All school nutrition program directors, managers, and staff shall meet or exceed hiring and annual continuing ducation/training requirements in the USDA professional standards for child nutrition professionals. All school nutrition standards with the Wisconsin Department of Public Instruction fundraiser exemption policy and allows two exempt fundraisers per student organization per school per year. All other fundraisers sold during the school day will meet he Smart Snacks nutrition standards. Notify parents of the availability of the breakfast, lunch, and summer food programs and shall be encouraged to determine eligibility for reduced or free meals. All food and beverages sold and served outside of the school meal programs shall, at a minimum, meet the standards stabilished in USDA's Nutrition Standards for All Foods Sold in Schools (Smart Snacks) rule. The District encourages foods offered on the school campus meet or exceed the USDA Smart Snacks in School nutrition atandards including those provided at celebrations and parties and classroom snacks brought by staff or family members. Pelebration food/trtreats brought from home must be purchased prepackaged or from a licensed facility. Food rewards or nenetives shall not be used in classrooms to encourage student achievement or desirable behavior. Non-food celebrations will be encouraged. Nutrition Promotion The District is committed to providing a school environment that promotes students to practice healthy eating and physical cutivity. Students shall receive consistent nutrition messages that pr | Health Hunger-Free Kids Act of 2010. | |
| Menus shall be created/reviewed by a certified nutrition professional and students shall be allowed to provide input on nenu items. All school nutrition program directors, managers, and staff shall meet or exceed hiring and annual continuing ducation/training requirements in the USDA professional standards for child nutrition professionals. The District adheres to the Wisconsin Department of Public Instruction fundraiser exemption policy and allows two exempt fundraisers per student or regarization per school per year. All other fundraisers sold during the school day will meet the Smart Snacks nutrition standards. Notify parents of the availability of the breakfast, lunch, and summer food programs and shall be encouraged to determine ligibility for reduced or free meals. All food and beverages sold and served outside of the school meal programs shall, at a minimum, meet the standards stabilished in USDA's Nutrition Standards for All Foods Sold in Schools (Smart Snacks) rule. The District encourages foods offered on the school campus meet or exceed the USDA Smart Snacks in School nutrition tentions and parties and classroom snacks brought by staff or family members. The District is committed to providing a school environment that promotes students to practice healthy eating and physical civity. Students shall receive consistent nutrition messages that promote health throughout schools, classrooms, cafeterias, and chool media. School nutrition services shall purchase at least two locally grown/produced products each year. 3 School nutrition services shall menu at least two locall food(s) per month. 2 Nutrition Education The District aims to teach, model, encourage, and support healthy eating by providing nutrition education. The primary color of nutrition education is to influence students lifelong eating behaviors. Valutition education accomponent of comprehensive health education, shall be offered every year to all students of the District. Valutition education shall be offered in the cafeteria as w | All meals are accessible to all students and the meals are appealing and attractive and served in clean and pleasant settings. | 3 |
| menu items. All school nutrition program directors, managers, and staff shall meet or exceed hiring and annual continuing diacation/training requirements in the USDA professional standards for child nutrition professionals. The District adheres to the Wisconsin Department of Public Instruction fundraiser exemption policy and allows two exempt fundraisers per student organization per school per year. All other fundraisers sold during the school day will meet he Smart Snacks nutrition standards. Notify parents of the availability of the breakfast, lunch, and summer food programs and shall be encouraged to determine aligibility for reduced or free meals. All food and beverages sold and served outside of the school meal programs shall, at a minimum, meet the standards stablished in USDA's Nutrition Standards for All Foods Sold in Schools (Smart Snacks) rule. The District encourages foods offered on the school campus meet or exceed the USDA Smart Snacks in School nutrition tandards including those provided at celebrations and parties and classroom snacks brought by staff or family members. Delebration food/triteats brought from home must be purchased prepackaged or from a licensed facility. Food rewards or incentives shall not be used in classrooms to encourage student achievement or desirable behavior. Non-food celebrations will be encouraged. Nutrition Promotion The District is committed to providing a school environment that promotes students to practice healthy eating and physical activity. Students shall receive consistent nutrition messages that promote health throughout schools, classrooms, cafeterias, and chool media. School nutrition services shall menu at least two local food(s) per month. Nutrition Education The District aims to teach, model, encourage, and support healthy eating by providing nutrition education. The primary polarition education is to influence students' lifelong eating behaviors. Nutrition education, a component of comprehensive health education, shall be offered every year t | Students are provided at least 10 minutes to eat breakfast and at least 20 minutes to eat lunch after being seated. | 3 |
| All school nutrition program directors, managers, and staff shall meet or exceed hirring and annual continuing ductation/training requirements in the USDA professionals standards for child nutrition professionals. The District adheres to the Wisconsin Department of Public Instruction fundraiser exemption policy and allows two exempt fundraisers per student organization per school per year. All other fundraisers sold during the school day will meet the Smart Snacks nutrition standards. Notify parents of the availability of the breakfast, lunch, and summer food programs and shall be encouraged to determine eligibility for reduced or free meals. All food and beverages sold and served outside of the school meal programs shall, at a minimum, meet the standards established in USDA's Nutrition Standards for All Foods Sold in Schools (Smart Snacks) rule. The District encourages foods offered on the school campus meet or exceed the USDA Smart Snacks in School nutrition tandards including those provided at celebrations and parties and classroom snacks brought by staff or family members. Celebration food/trteats brought from home must be purchased prepackaged or from a licensed facility. Food rewards or nenentives shall not be used in classrooms to encourage student achievement or desirable behavior. Non-food celebrations will be encouraged. **Nutrition Promotion** Nutrition Promotion** The District is committed to providing a school environment that promotes students to practice healthy eating and physical ectivity. Students shall receive consistent nutrition messages that promote health throughout schools, classrooms, cafeterias, and echool nutrition services shall menu at least two local grown/produced products each year. School nutrition services shall menu at least two local food(s) per month. **Nutrition Education** The District aims to teach, model, encourage, and support healthy eating by providing nutrition education. The primary goal of nutrition education is to influence students' lifelong eating beh | Menus shall be created/reviewed by a certified nutrition professional and students shall be allowed to provide input on | 3 |
| the District adheres to the Wisconsin Department of Public Instruction fundraiser exemption policy and allows two scenpt fundraisers per student organization per school per year. All other fundraisers sold during the school day will meet the Smart Snacks nutrition standards. Notify parents of the availability of the breakfast, lunch, and summer food programs and shall be encouraged to determine digibility for reduced or free meals. All food and beverages sold and served outside of the school meal programs shall, at a minimum, meet the standards stablished in USDA's Nutrition Standards for All Foods Sold in Schools (Smart Snacks) rule. The District encourages foods offered on the school campus meet or exceed the USDA Smart Snacks in School nutrition tandards including those provided at celebrations and parties and classroom snacks brought by staff or family members. Celebration food/trtreats brought from home must be purchased prepackaged or from a licensed facility. Food rewards or nenentives shall not be used in classrooms to encourage student achievement or desirable behavior. Non-food celebrations will be encouraged. Nutrition Promotion The District is committed to providing a school environment that promotes students to practice healthy eating and physical civity. Students shall receive consistent nutrition messages that promote health throughout schools, classrooms, cafeterias, and chool media. School nutrition services shall menu at least two locally grown/produced products each year. 3 chool nutrition services shall menu at least two local food(s) per month. 2 volution Education The District aims to teach, model, encourage, and support healthy eating by providing nutrition education. The primary goal of nutrition education, a component of comprehensive health education, shall be offered every year to all students of the District. Schools shall provide nutrition education that helps students develop lifelong healthy eating behaviors. 2 cutrition education shall be offered in the cafeteria as w | | 3 |
| The District adheres to the Wisconsin Department of Public Instruction fundraiser exemption policy and allows two exempt fundraisers per student organization per school per year. All other fundraisers sold during the school day will meet he Smart Snacks nutrition standards. Notify parents of the availability of the breakfast, lunch, and summer food programs and shall be encouraged to determine eligibility for reduced or free meals. All food and beverages sold and served outside of the school meal programs shall, at a minimum, meet the standards stablished in USDA's Nutrition Standards for All Foods Sold in Schools (Smart Snacks) rule. The District encourages foods offered on the school campus meet or exceed the USDA Smart Snacks in School nutrition tandards including those provided at celebrations and parties and classroom snacks brought by staff or family members. Celebration food/trtreats brought from home must be purchased prepackaged or from a licensed facility. Food rewards or necentives shall not be used in classrooms to encourage student achievement or desirable behavior. Non-food celebrations will be encouraged. Nutrition Promotion The District is committed to providing a school environment that promotes students to practice healthy eating and physical circuity. Students shall receive consistent nutrition messages that promote health throughout schools, classrooms, cafeterias, and chool media. School nutrition services shall purchase at least two locally grown/produced products each year. School nutrition services shall menu at least two local food(s) per month. 2 Nutrition Education The District aims to teach, model, encourage, and support healthy eating by providing nutrition education. The primary goal of nutrition education is to influence students' lifelong eating behaviors. Nutrition education, a component of comprehensive health education, shall be offered every year to all students of the District. Schools shall provide nutrition education that helps students develop lifelong healthy | | 3 |
| exempt fundraisers per student organization per school per year. All other fundraisers sold during the school day will meet he Smart Snacks nutrition standards. Notify parents of the availability of the breakfast, lunch, and summer food programs and shall be encouraged to determine sligibility for reduced or free meals. All food and beverages sold and served outside of the school meal programs shall, at a minimum, meet the standards stablished in USDA's Nutrition Standards for All Foods Sold in Schools (Smart Snacks) rule. The District encourages foods offered on the school campus meet or exceed the USDA Smart Snacks in School nutrition tandards including those provided at celebrations and parties and classroom snacks brought by staff or family members. Celebration food/trtreats brought from home must be purchased prepackaged or from a licensed facility. Food rewards or necentives shall not be used in classrooms to encourage student achievement or desirable behavior. Non-food celebrations will be encouraged. Nutrition Promotion The District is committed to providing a school environment that promotes students to practice healthy eating and physical activity. Students shall receive consistent nutrition messages that promote health throughout schools, classrooms, cafeterias, and chool media. School nutrition services shall purchase at least two locally grown/produced products each year. School nutrition services shall menu at least two locall food(s) per month. 2 Nutrition Education The District aims to teach, model, encourage, and support healthy eating by providing nutrition education. The primary goal of nutrition education is to influence students' lifelong eating behaviors. Nutrition education, a component of comprehensive health education, shall be offered every year to all students of the District. School shall provide nutrition education that helps students develop lifelong healthy eating behaviors. 2 Sutrition education shall be offered in the cafeteria as well as the classroom, with coordin | • | 3 |
| All food and beverages sold and served outside of the school meal programs shall, at a minimum, meet the standards stablished in USDA's Nutrition Standards for All Foods Sold in Schools (Smart Snacks) rule. The District encourages foods offered on the school campus meet or exceed the USDA Smart Snacks in School nutrition tandards including those provided at celebrations and parties and classroom snacks brought by staff or family members. Celebration food/trtreats brought from home must be purchased prepackaged or from a licensed facility. Food rewards or necentives shall not be used in classrooms to encourage student achievement or desirable behavior. Non-food celebrations will be encouraged. Nutrition Promotion The District is committed to providing a school environment that promotes students to practice healthy eating and physical activity. Students shall receive consistent nutrition messages that promote health throughout schools, classrooms, cafeterias, and chool media. School nutrition services shall purchase at least two locally grown/produced products each year. School nutrition services shall menu at least two local food(s) per month. Nutrition Education The District aims to teach, model, encourage, and support healthy eating by providing nutrition education. The primary goal of nutrition education is to influence students' lifelong eating behaviors. Suttrition education, a component of comprehensive health education, shall be offered every year to all students of the District. Schools shall provide nutrition education that helps students develop lifelong healthy eating behaviors. Suttrition education shall be offered in the cafeteria as well as the classroom, with coordination between the foodservice taff and teachers. Suttrition education shall be provided to families via handouts, newsletters, postings on the web-site, presentations, and workshops. | exempt fundraisers per student organization per school per year. All other fundraisers sold during the school day will meet the Smart Snacks nutrition standards. | |
| stablished in USDA's Nutrition Standards for All Foods Sold in Schools (Smart Snacks) rule. The District encourages foods offered on the school campus meet or exceed the USDA Smart Snacks in School nutrition tandards including those provided at celebrations and parties and classroom snacks brought by staff or family members. Celebration food/trtreats brought from home must be purchased prepackaged or from a licensed facility. Food rewards or encentives shall not be used in classrooms to encourage student achievement or desirable behavior. Non-food celebrations will be encouraged. Nutrition Promotion The District is committed to providing a school environment that promotes students to practice healthy eating and physical activity. School nutrition services shall purchase at least two locally grown/produced products each year. School nutrition services shall menu at least two locally grown/produced products each year. School nutrition services shall menu at least two local food(s) per month. Nutrition Education The District aims to teach, model, encourage, and support healthy eating by providing nutrition education. The primary goal of nutrition education is to influence students' lifelong eating behaviors. Nutrition education, a component of comprehensive health education, shall be offered every year to all students of the District. Schools shall provide nutrition education that helps students develop lifelong healthy eating behaviors. 2 vourtition education shall be offered in the cafeteria as well as the classroom, with coordination between the foodservice taff and teachers. Nutrition education shall be provided to families via handouts, newsletters, postings on the web-site, presentations, and workshops. | Notify parents of the availability of the breakfast, lunch, and summer food programs and shall be encouraged to determine eligibility for reduced or free meals. | 3 |
| tandards including those provided at celebrations and parties and classroom snacks brought by staff or family members. Celebration food/trtreats brought from home must be purchased prepackaged or from a licensed facility. Food rewards or neentives shall not be used in classrooms to encourage student achievement or desirable behavior. Non-food celebrations will be encouraged. Nutrition Promotion The District is committed to providing a school environment that promotes students to practice healthy eating and physical activity. Students shall receive consistent nutrition messages that promote health throughout schools, classrooms, cafeterias, and chool media. School nutrition services shall purchase at least two locally grown/produced products each year. School nutrition services shall menu at least two local food(s) per month. Nutrition Education The District aims to teach, model, encourage, and support healthy eating by providing nutrition education. The primary goal of nutrition education is to influence students' lifelong eating behaviors. Nutrition education, a component of comprehensive health education, shall be offered every year to all students of the District. Schools shall provide nutrition education that helps students develop lifelong healthy eating behaviors. Schools shall provide nutrition education that helps students develop lifelong healthy eating behaviors. Sutrition education shall be offered in the cafeteria as well as the classroom, with coordination between the foodservice taff and teachers. Sutrition education shall be provided to families via handouts, newsletters, postings on the web-site, presentations, and vorkshops. | All food and beverages sold and served outside of the school meal programs shall, at a minimum, meet the standards established in USDA's Nutrition Standards for All Foods Sold in Schools (Smart Snacks) rule. | 3 |
| Celebration food/trtreats brought from home must be purchased prepackaged or from a licensed facility. Food rewards or neentives shall not be used in classrooms to encourage student achievement or desirable behavior. Non-food celebrations will be encouraged. Nutrition Promotion The District is committed to providing a school environment that promotes students to practice healthy eating and physical activity. School nutrition services shall purchase at least two locally grown/produced products each year. School nutrition services shall menu at least two local food(s) per month. Nutrition Education The District aims to teach, model, encourage, and support healthy eating by providing nutrition education. The primary goal of nutrition education is to influence students' lifelong eating behaviors. Nutrition education, a component of comprehensive health education, shall be offered every year to all students of the District. Schools shall provide nutrition education that helps students develop lifelong healthy eating behaviors. Nutrition education shall be offered in the cafeteria as well as the classroom, with coordination between the foodservice taff and teachers. Nutrition education shall be provided to families via handouts, newsletters, postings on the web-site, presentations, and workshops. | The District encourages foods offered on the school campus meet or exceed the USDA Smart Snacks in School nutrition | 2 |
| necentives shall not be used in classrooms to encourage student achievement or desirable behavior. Non-food celebrations will be encouraged. Nutrition Promotion The District is committed to providing a school environment that promotes students to practice healthy eating and physical activity. Students shall receive consistent nutrition messages that promote health throughout schools, classrooms, cafeterias, and chool media. School nutrition services shall purchase at least two locally grown/produced products each year. School nutrition services shall menu at least two local food(s) per month. 2 Nutrition Education The District aims to teach, model, encourage, and support healthy eating by providing nutrition education. The primary goal of nutrition education is to influence students' lifelong eating behaviors. Nutrition education, a component of comprehensive health education, shall be offered every year to all students of the District. Schools shall provide nutrition education that helps students develop lifelong healthy eating behaviors. 2 Nutrition education shall be offered in the cafeteria as well as the classroom, with coordination between the foodservice taff and teachers. Nutrition education shall be provided to families via handouts, newsletters, postings on the web-site, presentations, and workshops. | standards including those provided at celebrations and parties and classroom snacks brought by staff or family members. | |
| Nutrition Promotion The District is committed to providing a school environment that promotes students to practice healthy eating and physical activity. Students shall receive consistent nutrition messages that promote health throughout schools, classrooms, cafeterias, and chool media. School nutrition services shall purchase at least two locally grown/produced products each year. School nutrition services shall menu at least two local food(s) per month. 2 Nutrition Education The District aims to teach, model, encourage, and support healthy eating by providing nutrition education. The primary goal of nutrition education is to influence students' lifelong eating behaviors. Nutrition education, a component of comprehensive health education, shall be offered every year to all students of the District. Schools shall provide nutrition education that helps students develop lifelong healthy eating behaviors. Schools shall be offered in the cafeteria as well as the classroom, with coordination between the foodservice taff and teachers. Nutrition education shall be provided to families via handouts, newsletters, postings on the web-site, presentations, and workshops. | | |
| Nutrition Promotion The District is committed to providing a school environment that promotes students to practice healthy eating and physical activity. Students shall receive consistent nutrition messages that promote health throughout schools, classrooms, cafeterias, and school media. School nutrition services shall purchase at least two locally grown/produced products each year. School nutrition services shall menu at least two local food(s) per month. 2 Nutrition Education The District aims to teach, model, encourage, and support healthy eating by providing nutrition education. The primary goal of nutrition education is to influence students' lifelong eating behaviors. Nutrition education, a component of comprehensive health education, shall be offered every year to all students of the District. Schools shall provide nutrition education that helps students develop lifelong healthy eating behaviors. Sutrition education shall be offered in the cafeteria as well as the classroom, with coordination between the foodservice taff and teachers. Nutrition education shall be provided to families via handouts, newsletters, postings on the web-site, presentations, and workshops. | | |
| The District is committed to providing a school environment that promotes students to practice healthy eating and physical activity. Students shall receive consistent nutrition messages that promote health throughout schools, classrooms, cafeterias, and school media. School nutrition services shall purchase at least two locally grown/produced products each year. School nutrition services shall menu at least two local food(s) per month. Nutrition Education The District aims to teach, model, encourage, and support healthy eating by providing nutrition education. The primary goal of nutrition education is to influence students' lifelong eating behaviors. Nutrition education, a component of comprehensive health education, shall be offered every year to all students of the District. Schools shall provide nutrition education that helps students develop lifelong healthy eating behaviors. 2 Nutrition education shall be offered in the cafeteria as well as the classroom, with coordination between the foodservice taff and teachers. Nutrition education shall be provided to families via handouts, newsletters, postings on the web-site, presentations, and workshops. | | |
| Students shall receive consistent nutrition messages that promote health throughout schools, classrooms, cafeterias, and school media. School nutrition services shall purchase at least two locally grown/produced products each year. School nutrition services shall menu at least two local food(s) per month. Nutrition Education The District aims to teach, model, encourage, and support healthy eating by providing nutrition education. The primary goal of nutrition education is to influence students' lifelong eating behaviors. Nutrition education, a component of comprehensive health education, shall be offered every year to all students of the District. Schools shall provide nutrition education that helps students develop lifelong healthy eating behaviors. 2 Nutrition education shall be offered in the cafeteria as well as the classroom, with coordination between the foodservice taff and teachers. Nutrition education shall be provided to families via handouts, newsletters, postings on the web-site, presentations, and workshops. | | |
| chool media. School nutrition services shall purchase at least two locally grown/produced products each year. School nutrition services shall menu at least two local food(s) per month. 2 Nutrition Education The District aims to teach, model, encourage, and support healthy eating by providing nutrition education. The primary goal of nutrition education is to influence students' lifelong eating behaviors. Nutrition education, a component of comprehensive health education, shall be offered every year to all students of the District. Schools shall provide nutrition education that helps students develop lifelong healthy eating behaviors. Nutrition education shall be offered in the cafeteria as well as the classroom, with coordination between the foodservice taff and teachers. Nutrition education shall be provided to families via handouts, newsletters, postings on the web-site, presentations, and workshops. | The District is committed to providing a school environment that promotes students to practice healthy eating and physical activity. | 3 |
| School nutrition services shall menu at least two local food(s) per month. Nutrition Education The District aims to teach, model, encourage, and support healthy eating by providing nutrition education. The primary goal of nutrition education is to influence students' lifelong eating behaviors. Nutrition education, a component of comprehensive health education, shall be offered every year to all students of the District. Schools shall provide nutrition education that helps students develop lifelong healthy eating behaviors. Nutrition education shall be offered in the cafeteria as well as the classroom, with coordination between the foodservice staff and teachers. Nutrition education shall be provided to families via handouts, newsletters, postings on the web-site, presentations, and workshops. | Students shall receive consistent nutrition messages that promote health throughout schools, classrooms, cafeterias, and school media. | 2 |
| Nutrition Education The District aims to teach, model, encourage, and support healthy eating by providing nutrition education. The primary goal of nutrition education is to influence students' lifelong eating behaviors. Nutrition education, a component of comprehensive health education, shall be offered every year to all students of the District. Schools shall provide nutrition education that helps students develop lifelong healthy eating behaviors. 2 Nutrition education shall be offered in the cafeteria as well as the classroom, with coordination between the foodservice staff and teachers. Nutrition education shall be provided to families via handouts, newsletters, postings on the web-site, presentations, and workshops. | School nutrition services shall purchase at least two locally grown/produced products each year. | 3 |
| The District aims to teach, model, encourage, and support healthy eating by providing nutrition education. The primary goal of nutrition education is to influence students' lifelong eating behaviors. Nutrition education, a component of comprehensive health education, shall be offered every year to all students of the District. Schools shall provide nutrition education that helps students develop lifelong healthy eating behaviors. 2 Nutrition education shall be offered in the cafeteria as well as the classroom, with coordination between the foodservice taff and teachers. Nutrition education shall be provided to families via handouts, newsletters, postings on the web-site, presentations, and workshops. | School nutrition services shall menu at least two local food(s) per month. | 2 |
| Nutrition education, a component of comprehensive health education, shall be offered every year to all students of the District. Schools shall provide nutrition education that helps students develop lifelong healthy eating behaviors. 2 Nutrition education shall be offered in the cafeteria as well as the classroom, with coordination between the foodservice staff and teachers. Nutrition education shall be provided to families via handouts, newsletters, postings on the web-site, presentations, and workshops. | Nutrition Education | |
| Nutrition education, a component of comprehensive health education, shall be offered every year to all students of the District. Schools shall provide nutrition education that helps students develop lifelong healthy eating behaviors. 2 Nutrition education shall be offered in the cafeteria as well as the classroom, with coordination between the foodservice at aff and teachers. Nutrition education shall be provided to families via handouts, newsletters, postings on the web-site, presentations, and workshops. | The District aims to teach, model, encourage, and support healthy eating by providing nutrition education. The primary goal of nutrition education is to influence students' lifelong eating behaviors. | 2 |
| Schools shall provide nutrition education that helps students develop lifelong healthy eating behaviors. Nutrition education shall be offered in the cafeteria as well as the classroom, with coordination between the foodservice taff and teachers. Nutrition education shall be provided to families via handouts, newsletters, postings on the web-site, presentations, and workshops. | Nutrition education, a component of comprehensive health education, shall be offered every year to all students of the | 2 |
| Nutrition education shall be offered in the cafeteria as well as the classroom, with coordination between the foodservice taff and teachers. Nutrition education shall be provided to families via handouts, newsletters, postings on the web-site, presentations, and workshops. | | 2 |
| staff and teachers. Nutrition education shall be provided to families via handouts, newsletters, postings on the web-site, presentations, and vorkshops. | <u> </u> | |
| vorkshops. | staff and teachers. | |
| | Nutrition education shall be provided to families via handouts, newsletters, postings on the web-site, presentations, and workshops. | 1 |
| | Physical Education/Activity | |

| The District shall provide opportunities for students to participate in physical activity in addition to physical education. | 3 |
|---|---|
| The District shall provide students with age and grade appropriate opportunities to engage in physical activity. | |
| Children and adolescents should participate in 60 minutes of physical activity every day. | 2 |
| Elementary school shall offer 20 minutes of recess on all or most days during the school year. Recess monitors/teachers | 3 |
| shall encourage students to be active during recess. | |
| Teachers shall incorporate movement and kinesthetic learning approaches into "core" subject instruction when possible. | 2 |
| Schools shall provide physical activity opportunities for all students before and after school. Activities include physical activity classes/clubs, physical activity in aftercare, intramurals, and varsity sports. | 3 |
| District facilities shall be made available to students and community members. | 2 |
| Opportunities to participate in physical activity shall be promoted throughout the school via school announcements, newsletters, district web site, and social media. | 2 |
| The District shall provide students with physical education, using an age-appropriate, sequential physical education curriculum consistent with national and state standards for physical education. | 3 |
| All physical education classes are taught by licensed teachers who are certified to teach physical education. | 3 |
| In health education classes, the District shall include topics of physical activity, including: the physical, psychological, or social benefits of physical activity; how physical activity can contribute to a healthy weight; how physical activity can contribute to the academic learning process; how an inactive lifestyle contributes to chronic disease; and decreasing sedentary activities. | 3 |
| Other School Based Wellness Activities | |
| As appropriate, schools shall support students, staff, and parents' efforts to maintain a healthy lifestyle. | 3 |
| Students shall be allowed to bring and carry throughout the day approved water bottles filled with only water. | 3 |
| Staff is strongly encouraged to model healthful eating habits, and are discouraged from eating in front of children/sharing food with children during regular class time, outside of activities related to the nutrition education curriculum. | 2 |
| The District will implement educational activities for school staff members on healthy lifestyle behaviors. | 2 |
| The District will implement the administration of flu shots at school. | 3 |
| Γhe District shall work with community partners, including local health providers to support district wellness. | 3 |
| The District shall actively inform families and the public about the content of and any updates to the policy through District website and/or newsletters. | 3 |
| The District shall provide information on how the public can participate in the school wellness committee on an annual pasis. | 3 |
| Policy Monitoring and Implementation | |
| The Wellness Committee shall evaluate compliance with the Wellness Policy no less than once every three years. | 1 |
| The assessment will include the extent to which each school is in compliance with the policy and how the policy compares to a model policy, as established by the U.S. Department of Agriculture | 1 |
| The District shall notify school staff, students, and households/families of the availability of the wellness report via newsletters and website postings. The report will be made available at www.clwarriors.org. | 1 |
| The District Wellness Policy shall be updated as needed based on evaluation results, District changes, emersion of new health science information/technology, and/or federal or state guidance are issued. | 1 |