





Clear Lake Elementary School Breakfast Menu~December 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>If you qualify for free lunch, breakfast is FREE! If you qualify for reduced lunch, breakfast is 30 cents. All other student breakfasts \$1.25</p>		<p><u>Breakfast Served:</u> 8:00 to 8:17 a.m. each school day <u>Milk Choices served daily:</u> White Skim, White 1%, & Chocolate Skim <u>Juice Choices served daily:</u> Apple, Grape, & Orange This institution is an equal opportunity provider. <i>Menu Subject to Change.</i></p>		
<p>3 Breakfast Cereal Or Sausage Pizza Graham Crackers Fruit Juice Fruit Milk Choice</p>	<p>4 Breakfast Cereal Or Oatmeal Chocolate Chip “UBR” Fruit Juice Fruit Milk Choice</p>	<p>5 Breakfast Cereal & Nutri Grain Bar Or Ham & Cheese Bagel Fruit Fruit Juice Milk Choice</p>	<p>6 Breakfast Cereal Or Little John Donut Yogurt or Yogurt Parfait Fruit Juice Fruit Milk Choice</p>	<p>7 Breakfast Cereal Or French Toast Sticks Cheese Omelet Fruit Juice Fruit Milk Choice</p>
<p>10 Breakfast Cereal Or Donut Holes Sausage Links Fruit Juice Fruit Milk Choice</p>	<p>11 Breakfast Cereal & Graham Crackers Or Pancake Sausage Stick With Syrup Fruit Juice Fruit Milk Choice</p>	<p>12 Breakfast Cereal & Yogurt Or Peanut Butter & Jelly “Uncrustable” Fruit Juice Fruit Milk Choice</p>	<p>13 Breakfast Cereal Or Oatmeal Cereal Bar Fruit Juice Fruit Milk Choice</p>	<p>14 Breakfast Cereal Or Cinnamon Roll Hard Cooked Egg Fruit Juice Fruit Milk Choice</p>
<p>17 Breakfast Cereal Or French Toast Sticks Sausage Links Fruit Juice Fruit Milk Choice</p>	<p>18 Breakfast Cereal Or Mini Cinni Smoothie Fruit Juice Fruit Milk Choice</p>	<p>19 Breakfast Cereal & Cheese Stick Or Ham & Cheese Bagel Sandwich Fruit Juice Fruit Milk Choice</p>	<p>20 Breakfast Cereal Or Oatmeal Blueberry Or Chocolate Muffin Fruit Juice Fruit Milk Choice</p>	<p>21 Breakfast Cereal Or Donut Holes Scrambled Eggs Fruit Juice Fruit Milk Choice</p>
<p>24</p> 	<p>25</p> <p>Christmas Vacation</p>	<p>26</p> <p>Christmas Vacation</p>	<p>27</p> <p>Christmas Vacation</p>	<p>28</p> <p>Christmas Vacation</p>

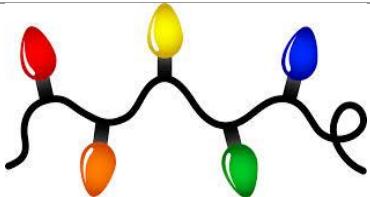

Clear Lake Elementary School Lunch Menu ~ December 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Adults are encouraged to join their students for lunch @ a cost of \$3.60 per meal. Please pay in the office.</p>		<p><u>Build a Healthy Lunch! We provide "Offer vs. Serve"</u></p> <p style="color: red;">Students get to pick (at least) 3 components!</p> <p>Including (at least) ½ cup Fruit, ½ cup Vegetable, Or ½ cup Combo.</p> <p><u>Milk Choices served daily:</u> White Skim, White 1%, & Chocolate Skim</p> <p>This institution is an equal opportunity provider.</p> <p>Not all entrée options available for PK students. Menu subject to change</p>		
<p>3 Chicken Nuggets Or Teriyaki Chicken Seasoned Rice Green Beans Vegetables With Dip Sliced Peaches Milk</p>	<p>4 Pizza Sticks Or Italian Flatbread Spaghetti Sauce Corn Sliced Pears Garden Salad Bar Cookie Milk</p>	<p>5 Taco in a Bag Or Soft-Shell Taco Fixings Refried Beans Sliced Apples Slushie Fruit Cup Milk Choice</p>	<p>6 Hot Ham & Cheese Sandwich Or Warrior Burger French Fries Carrots With Dip Applesauce Milk Choice</p>	<p>7 Hot Dog on a Bun Or Meatball Sandwich Tator Tots Baked Beans Cranberries Orange Smiles Milk Choice</p>
<p>10 PB & J "Uncrustable" Or Goldfish & Cheese Stick Vegetables With Dip Yogurt Cup Crackers Chicken Noodle Soup Strawberries Milk Choice</p>	<p>11 "Brunch Lunch" Cheese Omelet Sausage Links Dragon Punch Hash brown Muffin Fruit Milk Choice</p>	<p>12 Pizza Casserole and Breadstick Or Peanut Butter Sandwich Garden Salad Bar Sliced Peaches Milk Choice</p>	<p>13 Sloppy Joe Or Grilled Chicken on a Bun Tator Tots Baked Beans Mandarin Oranges Milk Choice</p>	<p>14 Mini Corn Dogs Or Chef Salad Macaroni & Cheese Steamed Broccoli Carrots With Dip Applesauce Milk</p>
<p>17 Cheese Quesadilla Or Taco in a Bag Fixings Refried Beans Mandarin Oranges Slushie Fruit Cup Milk Choice</p>	<p>18 Toasted Cheese Sandwich Or PB & J "Uncrustable" Tomato Soup Crackers Vegetables With Dip Strawberries Frozen Yogurt Milk</p>	<p>19 Barbeque Riblet Or Chicken Patty on a Bun Potato Smiles Or Au Gratin Potatoes Green Beans Peaches Milk Choice</p>	<p>20 Pepperoni Pizza Or Cheese Ravioli and Breadstick Garden Salad Bar Apples Cranberries Milk Choice</p>	<p>21 Chicken Nuggets Mashed Potatoes/Gravy Dinner Roll Steamed Corn Applesauce Mixed Fruit Milk Choice</p>
<p>24</p> <p>Christmas Vacation</p>	<p>25</p> 	<p>26</p> <p>Christmas Vacation</p>	<p>27</p> <p>Christmas Vacation</p>	<p>28</p> <p>Christmas Vacation</p>

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<p>If you qualify for free lunch, breakfast is FREE! If you qualify for reduced lunch, breakfast is 30 cents. All other student breakfasts \$1.35</p>		<p align="center"><u>Build a Healthy Breakfast!</u></p> <p align="center">May select 1 fruit juice, 1 milk, and a ½ cup serving of fruit. May select 2 Entrée Options (* items count as 2). Entrée Options in blue may be doubled to count as your 2 items.</p> <p>Milk Options: White 1%, White Skim, & Chocolate Skim Juice Options: Apple, Grape, & Orange</p> <p align="center">Menu Subject to Change This institution is an equal opportunity provider.</p>		
<p>3 <u>Entrée Options</u> Cereal Sausage Pizza “Gripz” Graham Crackers Yogurt Pop Tart Cheese Stick</p>	<p>4 <u>Entrée Options</u> Cereal Mini Cinni Scooby Bone Crackers Muffin Oatmeal Yogurt</p>	<p>5 <u>Entrée Options</u> Cereal Cheese Stick Pop Tart Cereal Bar Muffin Ham & Cheese Sandwich*</p>	<p>6 <u>Entrée Options</u> Cereal Cheese Omelet Muffin French Toast Sticks Oatmeal Bar Nutri Grain Bar</p>	<p>7 <u>Entrée Options</u> Cereal Yogurt “Gripz” Graham Crackers Donut Holes Cereal Bar Sausage Links</p>
<p>10 <u>Entrée Options</u> Cereal Oatmeal Bar Sausage Links Nutri Grain Bar Chocolate Chip “UBR” Cereal Bar Cheese Stick</p>	<p>11 <u>Entrée Options</u> Cereal Yogurt Scrambled Eggs Muffin Little John Donut Scooby Bone Crackers</p>	<p>12 <u>Entrée Options</u> Cereal Zee Zee Bar Muffin Yogurt Canadian Bacon, Egg, and Cheese Sandwich* “Gripz” Graham Crackers</p>	<p>13 <u>Entrée Options</u> Cereal Cheese Omelet Muffin Pancakes Nutri Grain Bar Yogurt Parfait</p>	<p>14 <u>Entrée Options</u> Cereal Yogurt “Gripz” Graham Crackers Cinnamon Roll Pop Tart Sausage Links</p>
<p>17 <u>Entrée Options</u> Cereal Yogurt Muffin French Toast Sticks Cereal Bar Sausage Links</p>	<p>18 <u>Entrée Options</u> Cereal Hard Cooked Egg Muffin Donut Holes Pop Tart Smoothie</p>	<p>19 <u>Entrée Options</u> Cereal Yogurt Muffin Scooby Bone Crackers Ham & Cheese Sandwich* “Gripz” Graham Crackers</p>	<p>20 <u>Entrée Options</u> Cereal Sausage Links Cereal Bar Yogurt Muffin PB & J “Uncrustable” Oatmeal Bar</p>	<p>21 <u>Entrée Options</u> Cereal Cheese Stick “Gripz” Graham Crackers Cinnamon Roll Nutri Grain Bar Cheese Omelet</p>
<p>24</p> 	<p>25</p> <p align="center">Christmas Vacation</p>	<p>26</p> <p align="center">Christmas Vacation</p>	<p>27</p> <p align="center">Christmas Vacation</p>	<p>28</p> <p align="center">Christmas Vacation</p>

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Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>'A la Carte Options:</u> Extra Entrée \$1.75 Cookies, Chips, Or Fruit Snacks \$0.85 Milk \$0.30</p>		<p style="color: red;"><u>Build a Healthy Lunch! We provide "Offer vs. Serve"</u></p> <p>Students get to pick (at least) 3 components! Including (at least) ½ cup Fruit, ½ cup Vegetable, Or ½ cup Combo. <u>Milk Choices served daily:</u> White Skim, White 1%, & Chocolate Skim</p> <p>This institution is an equal opportunity provider. <i>Menu Subject to Change</i></p>		
<p>3 Chicken Nuggets Or Chicken Teriyaki Wrap Seasoned Rice Green Beans Vegetables With Dip Sliced Peaches Juice Milk Choice</p>	<p>4 Pizza Sticks Or Italian Flatbread Or BBQ Pork Sandwich Steamed Corn Garden Salad Apples Cookie Sliced Pears Milk Choice</p>	<p>5 Tacos Or Ham & Cheese Sandwich Fixings Refried Beans Pineapple Tidbits Grapes Milk Choice Slushie Fruit Cup</p>	<p>6 Hot Ham & Cheese Sandwich Or Warrior Burger Potato Wedges/Cheese Sauce Steamed Broccoli Mandarin Oranges Strawberries Milk</p>	<p>7 Hot Dog Or Meatballs on a Bun Tator Tots Baked Beans Applesauce Blueberries Milk Choice</p>
<p>10 Garlic Cheese French Bread Or Peanut Butter Sandwich Chicken Noodle Soup Vegetables With Dip Marinara Sauce Applesauce Crackers Sliced Peaches Milk</p>	<p>11 Chicken Philly Sub Or Turkey & Cheese Sub Or Or Barbeque Chicken Sub Fresh & Roasted Vegetables Oriental Slaw Craisins Mandarin Oranges Chips Milk Choice</p>	<p>12 Pizza Casserole Or Crispy Chicken Salad Breadstick Apples Steamed Corn Milk Vegetables With Dip Pears Frozen Yogurt</p>	<p>13 Sloppy Joe Or Grilled Chicken on a Bun Curly Fries Baked Beans Pineapple Juice Milk Choice</p>	<p>14 Mini Corn Dogs Or Chef Salad Macaroni & Cheese Steamed Broccoli Milk Carrots With Dip Grapes Strawberries</p>
<p>17 Deluxe Nachos Or Quesadilla Refried Beans Fixings Pineapple Tidbits "Jonny Pop" Fruit Bar Juice Milk Choice</p>	<p>18 Toasted Cheese Sandwich Or PB & J "Uncrustable" Or Oriental Chicken Salad Tomato Soup Crackers Vegetables/Dip Strawberries Mandarin Oranges Milk</p>	<p>19 Barbeque Riblet Or Chicken Patty on a Bun Baby Red Potatoes Green Beans Slice Peaches Craisins Milk Choice</p>	<p>20 Pepperoni Pizza Or Cheese Ravioli & Breadstick Steamed Corn Garden Salad Bar Apples Sliced Pears Milk Choice</p>	<p>21 Chicken Nuggets Or Salisbury Steak Mashed Potatoes/Gravy Dinner Roll Milk Sweet Potato Soufflé Applesauce Mixed Fruit</p>
<p>24</p> <p>Christmas Vacation</p>	<p>25</p> 	<p>26</p> <p>Christmas Vacation</p>	<p>27</p> <p>Christmas Vacation</p>	<p>28</p> <p>Christmas Vacation</p>