

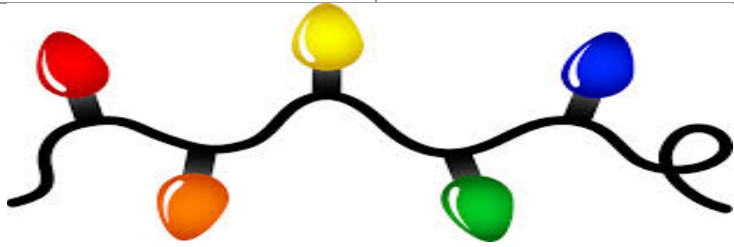

# Clear Lake Elementary School Breakfast Menu ~ **December** 2020

Monday	Tuesday	Wednesday	Thursday	Friday
		<p><b><u>Milk Choices served daily:</u></b> White 1%, White Skim, &amp; Chocolate Skim</p> <p><b><u>Juice Choices served daily:</u></b> <b>Apple, Grape, &amp; Orange</b></p> <p>This institution is an equal opportunity provider. <i>Menu Subject to Change.</i></p>		
<p><b>Breakfast is FREE to ALL Students! :)</b></p>	<p>1 Breakfast Cereal Or Oatmeal Chocolate Chip “UBR” Fruit Juice Fruit Milk Choice</p>	<p>2 Breakfast Cereal &amp; Cheese Stick Or Ham &amp; Cheese Bagel Fruit Fruit Juice Milk Choice</p>	<p>3 Breakfast Cereal Or Little John Donut Yogurt Fruit Juice Fruit Milk Choice</p>	<p>4 Breakfast Cereal Or French Toast Sticks Cheese Omelet Fruit Juice Fruit Milk Choice</p>
<p>7 Breakfast Cereal Or Donut Holes Sausage Links Fruit Juice Fruit Milk Choice</p>	<p>8 Breakfast Cereal &amp; Graham Crackers Or Pancake Sausage Stick With Syrup Fruit Juice      Fruit Milk Choice</p>	<p>9 Breakfast Cereal Or Oatmeal Cereal Bar Fruit Juice Fruit Milk Choice</p>	<p>10 Breakfast Cereal &amp; Yogurt Or Peanut Butter &amp; Jelly “Uncrustable” Hash brown      Fruit Juice Milk Choice</p>	<p>11 Breakfast Cereal Or Cinnamon Roll Hard Cooked Egg Fruit Juice Fruit Milk Choice</p>
<p>14 Breakfast Cereal Or Mini Cinni Cheese Stick Fruit Juice Fruit Milk Choice</p>	<p>15 Breakfast Cereal Or Donut Holes Scrambled Eggs Fruit Juice Fruit Milk Choice</p>	<p>16 Breakfast Cereal &amp; CTCR Cereal Bar Or Ham &amp; Cheese Bagel Sandwich Fruit Juice Fruit      Milk Choice</p>	<p>17 Breakfast Cereal Or Muffin Yogurt Parfait or Yogurt Fruit Juice Fruit Milk Choice</p>	<p>18 Breakfast Cereal Or French Toast Sticks Sausage Links Fruit Juice Fruit Milk Choice</p>
<p>21 Breakfast Cereal Or Mini Donuts Cheese Omelet Fruit Juice Fruit Milk Choice</p>	<p>22 Breakfast Cereal &amp; Yogurt Or Sausage, Egg, &amp; Cheese Sandwich Fruit      Fruit Juice Milk Choice</p>	<p>23 <b>Winter Break</b></p>	<p>24 <b>Christmas Eve</b></p>	<p>25 </p>



# Clear Lake Elementary School Lunch Menu ~ December 2020

Monday	Tuesday	Wednesday	Thursday	Friday
		<p><b><u>Build a Healthy Lunch! We provide "Offer vs. Serve"</u></b></p> <p>Students get to pick (at least) 3 components!</p> <p>Including (at least) ½ cup <b>Fruit</b>, ½ cup <b>Vegetable</b>, Or ½ cup <b>Combo</b>.</p> <p><u>Milk Choices served daily:</u> White 1%, White Skim, &amp; Chocolate Skim</p> <p>This institution is an equal opportunity provider.</p> <p>Not all entrée options available for PK students. Menu subject to change</p>		
<p><b>Lunch is FREE to ALL Students! :)</b></p>	<p>1 <b>"Brunch Lunch I"</b>            Cheese Omelet            Sausage Links            Bell Peppers            Hash brown      Muffin            Fruit Juice      Milk</p>	<p>2 Pizza Casserole            Or Chicken Drumstick            Breadstick            Tossed Salad            Sliced Apples            Milk Choice</p>	<p>3 Mini Corn Dogs Or            Fish Sticks            Macaroni &amp; Cheese            Steamed Broccoli            Carrots With Ranch            Applesauce      Milk</p>	<p>4 Sloppy Joe Or            Grilled Chicken Sandwich            Tator Tots            Baked Beans            Mandarin Oranges            Milk Choice</p>
<p>7 Pepperoni Pizza Or            Cheese Ravioli &amp;            Breadstick            Tossed Salad            Sliced Apples      Craisins            Milk Choice</p>	<p>8 Chicken Patty on a Bun            Potato Smiles Or            Au Gratin Potatoes            Green Beans            Sliced Peaches            Milk Choice</p>	<p>9 Toasted Cheese Sandwich            Or PB &amp; J "Uncrustable"            Tomato Soup      Vegetables            Strawberries      Crackers            Frozen Yogurt            Milk Choice</p>	<p>10 Cheese Quesadilla Or            Taco in a Bag            Fixings      Refried Beans            Mandarin Oranges            Slushie Fruit Cup            Milk Choice</p>	<p>11 Chicken Nuggets            Mashed Potatoes/Gravy            Dinner Roll            Steamed Corn            Applesauce      Blueberries            Milk Choice</p>
<p>14 <b>"Brunch Lunch II"</b>            French Toast            Sausage            Hashbrowns            Dragon Punch            Orange Smiles      Milk</p>	<p>15 Warrior Burger Or            Macaroni &amp; Cheese            French Fries            Baked Beans            Applesauce            Milk Choice</p>	<p>16 <b>"Oodles of Noodles"</b>            With Meat Sauce            Or Chicken Alfredo            Breadstick            Tossed Salad      Sliced Pears            Milk Choice</p>	<p>17 Mandarin Orange Chicken            Or Popcorn Chicken            Rice      Green Beans            Carrots            Pineapple      Fruit Juice            Fortune Cookie      Milk</p>	<p>18 Ham &amp; Cheese Sub Or            PB &amp; J "Uncrustable"            Fresh Vegetables            Chips      Milk Choice            Sliced Apples            Slushie Fruit Cup</p>
<p>21 Turkey &amp; Gravy With            Biscuit            Or PB &amp; J "Uncrustable"            Mashed Potatoes            Steamed Corn      Craisins            Strawberries      Milk</p>	<p>22 Stromboli Or Calzone            Or "Goldfish Bowl"            Spaghetti Sauce            Fresh Vegetables            Grapes      Applesauce            Pudding Cup      Milk</p>	<p>23 <b>Winter Break</b></p>	<p>24 <b>Christmas Eve</b></p>	<p>25 </p>

# Clear Lake High School Breakfast Menu ~ **December** 2020

Monday	Tuesday	Wednesday	Thursday	Friday	
		<p><b><u>Build a Healthy Breakfast!</u></b></p> <p>May select 1 fruit juice, 1 milk, and a ½ cup serving of fruit.            May select 2 Entrée Options (* items count as 2).            Entrée Options in <b>blue</b> may be doubled to count as your 2 items.            Milk Options: White 1%, White Skim, &amp; Chocolate Skim</p> <p><b>Juice Options:</b> Apple, Grape, &amp; Orange    Menu Subject to Change    This institution is an equal opportunity</p>			
<p><b>Breakfast is FREE to ALL Students! :)</b></p>	<p>1 <u>Entrée Options</u>            Cereal            Cheese Stick            Cereal Bar            Muffin            Ham &amp; Cheese Sandwich*</p>	<p>2 <u>Entrée Options</u>            Cereal            Mini Cinni            Scooby Bone Crackers            Muffin            Oatmeal            Yogurt</p>	<p>3 <u>Entrée Options</u>            Cereal            Cheese Omelet            Muffin            French Toast Sticks            Pop Tart</p>	<p>4 <u>Entrée Options</u>            Cereal            Yogurt            “Gripz” Graham Crackers            Donut Holes            Sausage Links</p>	
	<p>7 <u>Entrée Options</u>            Cereal            Sausage Links    Muffin            Chocolate Chip “UBR”            Cereal Bar            Cheese Stick</p>	<p>8 <u>Entrée Options</u>            Cereal            Muffin            Yogurt            Sausage, Egg, and Cheese            Sandwich*            “Gripz” Graham Crackers</p>	<p>9 <u>Entrée Options</u>            Cereal            Yogurt            Scrambled Eggs            Muffin            Little John Donut            Scooby Bone Crackers</p>	<p>10 <u>Entrée Options</u>            Cereal            Cheese Omelet            Muffin            Pancakes            Yogurt Parfait</p>	<p>11 <u>Entrée Options</u>            Cereal            Yogurt            Cinnamon Roll            Pop Tart            Sausage Links</p>
	<p>14 <u>Entrée Options</u>            Cereal            Yogurt            Muffin            Ham &amp; Cheese Sandwich*            “Gripz” Graham Crackers</p>	<p>15 <u>Entrée Options</u>            Cereal            Yogurt            Muffin            Cereal Bar            French Toast Sticks            Sausage Links</p>	<p>16 <u>Entrée Options</u>            Cereal            Muffin            Donut Holes            Sausage Links            Pop Tart</p>	<p>17 <u>Entrée Options</u>            Cereal            Cheese Omelet            Cereal Bar            Yogurt            PB &amp; J “Uncrustable”            Muffin</p>	<p>18 <u>Entrée Options</u>            Cereal            Cheese Stick            “Gripz” Graham Crackers            Biscuits and Gravy*            Muffin            Sausage Links</p>
	<p>21 <u>Entrée Options</u>            Cereal            Cheese Omelet            Cheese Stick            Muffin            Little John Donut</p>	<p>22 <u>Entrée Options</u>            Cereal            Yogurt            Muffin            “Gripz” Graham Crackers            Chicken &amp; Waffle            Sandwich*</p>	<p>23</p> <p style="text-align: center;"><b>Winter Break</b></p>	<p>24</p> <p style="text-align: center;"><b>Christmas Eve</b></p>	<p>25</p> <p style="text-align: center;">  </p>

# Clear Lake High School Lunch Menu ~ **December** 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b><u>'A la Carte Options:</u></b>  <b>Extra Entrée \$1.75</b>  <b>Cookies, Chips, Or</b>  <b>Fruit Snacks \$1.00</b>  <b>Milk \$0.35</b></p>		<p><b><u>Build a Healthy Lunch! We provide "Offer vs. Serve"</u></b>            Students get to pick (at least) 3 components!            Including (at least) ½ cup <b>Fruit</b>, ½ cup <b>Vegetable</b>, Or ½ cup <b>Combo</b>.  <u>Milk Choices served daily:</u> White 1%, White Skim, &amp; Chocolate Skim            This institution is an equal opportunity provider.  <i>Menu Subject to Change</i></p>		
<p><b>Lunch is</b>  <b>FREE to ALL</b>  <b>Students! :)</b></p>	<p>1 Chicken Philly Sub            Or Barbeque Chicken Sub            Fresh &amp; Roasted Vegetables            Craisins Oriental Slaw            Mandarin Oranges            Chips Milk Choice</p>	<p>2 Pizza Casserole Or            Chicken Smackers            Breadstick Apples            Steamed Corn Milk            Tossed Salad            Pears Frozen Yogurt</p>	<p>3 Mini Corn Dogs Or            Fish Sticks Or Chef Salad            Macaroni &amp; Cheese            Steamed Broccoli Milk            Carrots With Ranch            Grapes Slushie Fruit Cup</p>	<p>4 Sloppy Joe Or            Spicy Chicken Sandwich            Curly Fries            Baked Beans Pineapple            Blueberries            Fruit Juice Milk Choice</p>
<p>7 Pepperoni Pizza Or            Cheese Ravioli &amp; Breadstick            Steamed Corn            Tossed Salad            Apples Sliced Pears            Milk Choice</p>	<p>8 Chicken Patty on a Bun            Or Pulled Pork Sandwich            Baby Red Potatoes            Green Beans Grapes            Sliced Peaches            Milk Choice</p>	<p>9 Toasted Cheese Sandwich            Or Chicken Strips            Tomato Soup Crackers            Vegetables With Ranch            Strawberries            Mandarin Oranges Milk</p>	<p>10 Deluxe Nachos            Or Cheese Quesadilla            Refried Beans Fixings            Pineapple Tidbits            "Jonny Pop" Fruit Bar            Juice Milk Choice</p>	<p>11 Chicken Nuggets Or            Breaded Pork Chop            Mashed Potatoes/Gravy            Dinner Roll Mixed Fruit            Sweet Potato Souffle            Applesauce Milk</p>
<p>14 "Brunch Lunch"            Cheese Omelet Muffin            Sausage Links Juice            Hash browns            Orange Wedges            Milk Choice</p>	<p>15 Warrior Burger Or            Barbeque Rib Sandwich            French Fries            Baked Beans            Mandarin Oranges            Sliced Pears Milk</p>	<p>16 Penne Pasta With Meat            Sauce Or Chicken Alfredo            Breadstick Caesar Salad            Steamed Broccoli            Slushie Fruit Cup Apples            Milk Choice</p>	<p>17 Chicken Smackers Or            Mandarin Orange Chicken            Rice Green Beans            Carrots Applesauce            Pineapple            Fortune Cookie Milk</p>	<p>18 Ham &amp; Cheese Or            Grilled Chicken Sub            Fresh Vegetables            Tangy Broccoli Salad            Grapes Strawberries            Chips Milk Choice</p>
<p>21 Turkey &amp; Gravy/Biscuit            Or Peanut Butter Sandwich            Mashed Potatoes            Steamed Carrots            Sliced Apples            Craisins Milk Choice</p>	<p>22 Stromboli Or Calzone            Or Personal Pepperoni Pizza            Caesar Salad            Sliced Peaches Applesauce            Pudding Cup            Milk Choice</p>	<p>23  <b>Winter Break</b></p>	<p>24  <b>Christmas Eve</b></p>	<p>25  </p>