




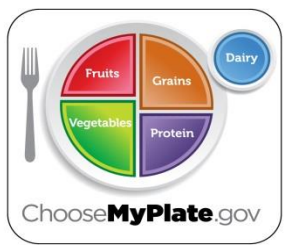







Clear Lake Elementary School Breakfast Menu~February 2018

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>If you qualify for free lunch, breakfast is FREE!</p> <p>If you qualify for reduced lunch, breakfast is 30 cents. All other student breakfasts \$1.25.</p>		<p>1 Breakfast Cereal & Graham Crackers Or Pancakes With Syrup Fruit Juice Fruit Milk Choice</p>	<p>2 Breakfast Cereal Or Cinnamon Roll Scrambled Eggs Fruit Juice Fruit Milk Choice</p>
<p>5 Breakfast Cereal Or Sausage Pizza Graham Crackers Fruit Juice Fruit Milk Choice</p>	<p>6 Breakfast Cereal Or French Toast Sticks Cheese Omelet Fruit Juice Fruit Milk Choice</p>	<p>7 Breakfast Cereal & Nutri Grain Bar Or Ham & Cheese Bagel Fruit Fruit Juice Milk Choice</p>	<p>8 Breakfast Cereal Or Oatmeal Chocolate Chip "UBR" Fruit Juice Fruit Milk Choice</p>	<p>9 Breakfast Cereal Or Little John Donut Yogurt or Yogurt Parfait Fruit Juice Fruit Milk Choice</p>
<p>12 Breakfast Cereal Or Donut Holes Sausage Links Fruit Juice Fruit Milk Choice</p>	<p>13 Breakfast Cereal and Yogurt Or Peanut Butter & Jelly "Uncrustable" Fruit Juice Fruit Milk Choice</p>	<p> Breakfast Cereal Or Cinnamon Roll Hard Cooked Egg Fruit Juice Fruit Milk Choice</p>	<p>15</p> 	<p>16</p> <p>NO SCHOOL</p>
<p>19 Breakfast Cereal Or French Toast Sticks Sausage Links Fruit Juice Fruit Milk Choice</p>	<p>20 Breakfast Cereal Or Mini Cinni Smoothie Fruit Juice Fruit Milk Choice</p>	<p>21 Breakfast Cereal & Cheese Stick Or Ham & Cheese Bagel Sandwich Fruit Juice Fruit Milk Choice</p>	<p>22 Breakfast Cereal Or Oatmeal Blueberry Or Chocolate Muffin Fruit Juice Fruit Milk Choice</p>	<p>23 Breakfast Cereal Or Donut Holes Yogurt Fruit Juice Fruit Milk Choice</p>
<p>26 Breakfast Cereal Or Oatmeal Pop Tart Fruit Juice Fruit Milk Choice</p>	<p>27 Breakfast Cereal Or Mini Donuts Cheese Omelet Fruit Juice Fruit Milk Choice</p>	<p>28 Breakfast Cereal & Yogurt Or Sausage & Cheese Sandwich Fruit Fruit Juice Milk Choice</p>	<p><u>Milk Choices served daily:</u> White Skim, White 1%, & Chocolate Skim</p> <p><u>Juice Choices served daily:</u> Apple, Grape, & Orange</p> <p><u>Breakfast Served:</u> 8:00 to 8:17 a.m. each school day.</p> <p><i>Menu Subject to Change.</i></p> <p>This institution is an equal opportunity provider.</p>	




Clear Lake Elementary School Lunch Menu ~ **February** 2018

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Adults are encouraged to join their students for lunch @ a cost of \$3.60 per meal. Please pay in the office.</p>		<p>1 Mini Corn Dogs Potato Wedges Steamed Broccoli Cheese Sauce Sliced Peaches Milk Choice</p>	<p>2 Ham & Cheese Sub Or PB & J “Uncrustable” Fresh Vegetables Chips Strawberries Mandarin Oranges Milk Choice</p>
<p>5 Turkey & Gravy With Biscuit Or PB & J “Uncrustable” Mashed Potatoes Steamed Corn Craisins Applesauce Milk Choice</p>	<p>6 Rotini Pasta With Meatballs/Spaghetti Sauce Or Yogurt, Muffin, & Cheese Stick Garden Salad Bar Breadstick Sliced Pears Milk</p>	<p>7 Pulled Pork Or Breaded Chicken Patty on a Bun Curly Fries Green Beans Sliced Peaches Fruit Juice Milk Choice</p>	<p>8 Chicken Fajita Wrap Or Yogurt, Cheese Stick, & Muffin Carrots With Dip Black Beans Rice Pineapple Milk Choice</p>	<p>9 Stromboli Or “Goldfish Bowl” Spaghetti Sauce Vegetables With Dip Grapes Pudding Cup Milk Choice</p>
<p>12 Chicken Strips Or Teriyaki Chicken Seasoned Rice Green Beans Vegetables With Dip Sliced Peaches Milk Choice</p>	<p>13 Taco in a Bag Or Soft-Shell Taco Fixings Refried Beans Mandarin Oranges Slushie Fruit Cup Milk Choice</p>	<p>14 Cheese Pizza Or Turkey & Cheese Wrap Steamed Corn Garden Salad Bar Strawberries Milk Choice</p>	<p>15 NO SCHOOL</p>	<p>16 NO SCHOOL</p> 
<p>19 PB & J “Uncrustable” Or Goldfish & Cheese Stick Vegetables With Dip Yogurt Cup Crackers Chicken Noodle Soup Strawberries Milk Choice</p>	<p>20 “Brunch Lunch” Cheese Omelet Sausage Links Dragon Punch Hash brown Muffin Orange Smiles Milk Choice</p>	<p>21 Sloppy Joe Or Grilled Chicken on a Bun Curly Fries Baked Beans Mandarin Oranges Milk Choice</p>	<p>22 Mini Corn Dogs Or Chef Salad Macaroni & Cheese Steamed Broccoli Carrots With Dip Applesauce Milk Choice</p>	<p>23 Pizza Sticks Or Italian Flatbread Spaghetti Sauce Steamed Corn Pears Garden Salad Bar Cookie Milk</p>
<p>26 Barbeque Riblet Or Chicken Patty on a Bun Potato Smiles Or Au Gratin Potatoes Green Beans Peaches Milk Choice</p>	<p>27 Pepperoni Pizza Or Cheese Ravioli and Breadstick Garden Salad Bar Sliced Apples Craisins Milk Choice</p>	<p>28 Cheese Quesadilla Or Taco in a Bag Fixings Refried Beans Mandarin Oranges “Jonny Pop” Fruit Bar Milk Choice</p>	<p><u>Build a Healthy Lunch! We provide “Offer vs. Serve”</u> Students get to pick (at least) 3 components! Including (at least) ½ cup Fruit, ½ cup Vegetable, Or ½ cup Combo. <u>Milk Choices served daily:</u> White Skim, White 1%, & Chocolate Skim Not all entrée options available for PK students. Menu subject to change This institution is an equal opportunity provider.</p>	

Clear Lake High School Breakfast Menu~February 2018

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>If you qualify for free lunch, breakfast is FREE!</p> <p>If you qualify for reduced lunch, breakfast is 30 cents.</p> <p>All other student breakfasts \$1.35.</p>		<p>1 <u>Entrée Options</u></p> <p>Cereal Yogurt Pop Tart Mini Donuts Muffin Sausage Links</p>	<p>2 <u>Entrée Options</u></p> <p>Cereal Cheese Omelet Oatmeal Bar Cinnamon Roll Cereal Bar Yogurt Parfait</p>
<p>5 <u>Entrée Options</u></p> <p>Cereal Cheese Omelet Nutri Grain Bar Muffin French Toast Sticks Oatmeal Bar</p>	<p>6 <u>Entrée Options</u></p> <p>Cereal Oatmeal Mini Cinni Muffin Cream Cheese Bagel Yogurt</p>	<p>7 <u>Entrée Options</u></p> <p>Cereal Muffin Cheese Stick Pop Tart Bagel With Jelly Ham & Cheese Sandwich*</p>	<p>8 <u>Entrée Options</u></p> <p>Cereal Yogurt “Gripz” Graham Crackers Donut Holes Cereal Bar Sausage Links</p>	<p>9 <u>Entrée Options</u></p> <p>Cereal “Gripz” Graham Crackers Yogurt Pop Tart Sausage Pizza Banana Bread*</p>
<p>12 <u>Entrée Options</u></p> <p>Cereal Cereal Bar Sausage Links Nutri Grain Bar Chocolate Chip “UBR” Banana Bread*</p>	<p>13 <u>Entrée Options</u></p> <p>Cereal Cheese Omelet Nutri Grain Bar Muffin Pancakes Yogurt Parfait</p>	<p> <u>Entrée Options</u></p> <p>Cereal Yogurt Oatmeal Bar Muffin Little John Donut Scrambled Eggs</p>	<p>15</p> 	<p>16</p> <p>NO SCHOOL</p>
<p>19 <u>Entrée Options</u></p> <p>Cereal Hard Cooked Egg Yogurt Muffin Pop Tart Donut Holes</p>	<p>20 <u>Entrée Options</u></p> <p>Cereal Smoothie Yogurt Oatmeal French Toast Sticks Sausage Links</p>	<p>21 <u>Entrée Options</u></p> <p>Cereal Yogurt “Gripz” Graham Crackers Muffin Bagel With Jelly Ham & Cheese Sandwich*</p>	<p>22 <u>Entrée Options</u></p> <p>Cereal Sausage Links Cereal Bar Yogurt Muffin PB & J “Uncrustable” Oatmeal Bar</p>	<p>23 <u>Entrée Options</u></p> <p>Cereal Cheese Stick “Gripz” Graham Crackers Cinnamon Roll Cheese Omelet Nutri Grain Bar</p>
<p>26 <u>Entrée Options</u></p> <p>Cereal Banana Bread* Cheese Stick Pop Tart Yogurt Pancake Sausage Stick Cereal Bar</p>	<p>27 <u>Entrée Options</u></p> <p>Cereal Cheese Omelet Cheese Stick Zee Zee Bar Muffin Little John Donut</p>	<p>28 <u>Entrée Options</u></p> <p>Cereal Yogurt Muffin Nutri Grain Bar “Gripz” Graham Crackers Sausage, Egg, & Cheese Sandwich*</p>	<p><u>Build a Healthy Breakfast!</u></p> <p>May select 1 fruit juice, 1 milk, and a ½ cup serving of fruit. May select 2 Entrée Options (* items count as 2). Entrée Options in blue may be doubled to count as your 2 items. Milk Options: White 1%, White Skim, & Chocolate Skim Juice Options: Apple, Grape, & Orange Menu Subject to Change This institution is an equal opportunity provider.</p>	

Clear Lake High School Lunch Menu ~ February 2018

Monday	Tuesday	Wednesday	Thursday	Friday
	<u>'A la Carte Options:</u> Extra Entrée \$1.75 Best Maid Wellness Cookie, Baked Chips, Or Snack \$0.85 Milk \$0.30		1 "Brunch Lunch" Cheese Omelet Donut Sausage Links Juice Hash browns Salsa Orange Wedges Milk (Grilled Chicken Salad Option)	2 Ham & Cheese Or Grilled Chicken Sub Fresh Vegetables Tangy Broccoli Salad Chips Grapes Strawberries Milk
5 Turkey & Gravy/Biscuit Or Peanut Butter Sandwich Mashed Potatoes Steamed Carrots Sliced Pears Craisins Milk Choice	6 Lasagna Or Chicken Strips Breadstick Steamed Corn Garden Salad Applesauce Sliced Peaches Milk	7 Breaded Chicken Patty Or Fish on a Bun Green Beans Ranch Sweet Potato Fries Or Tator Tots Juice Mandarin Oranges Milk	8 Chicken Fajita, Ham & Cheese Wrap, Chicken Caesar Salad Or PB & J "Uncrustable" Carrots/Dip Seasoned Rice Black Beans Milk Strawberries Pineapple	9 Stromboli Or Garlic Cheese French Bread Caesar Salad Mixed Fruit Sliced Apples Pudding Cup Milk Choice
12 Chicken Nuggets Or Chicken Teriyaki Wrap Seasoned Rice Green Beans Vegetables With Dip Sliced Pears Juice Milk Choice	13 Tacos Ham & Cheese Sandwich Fixings Refried Beans Pineapple Tidbits Mandarin Oranges Sherbet Milk Choice	14 Cheese Pizza Or Club Wrap Steamed Corn Garden Salad Bar Mixed Fruit Applesauce Milk Choice	15 <h2 style="text-align: center;">NO SCHOOL</h2>	16 NO SCHOOL 
19 Garlic Cheese French Bread Or Peanut Butter Sandwich Chicken Noodle Soup Vegetables With Dip Marinara Sauce Applesauce Crackers Sliced Peaches Milk	20 Chicken Philly Sub, Turkey & Cheese Sub, Or Barbeque Chicken Sub Fresh & Roasted Vegetables Oriental Slaw Craisins Mandarin Oranges Chips Milk Choice	21 Sloppy Joe Or Grilled Chicken on a Bun Curly Fries Baked Beans Pineapple Blueberries Juice Milk Choice	22 Mini Corn Dogs Or Chef Salad Macaroni & Cheese Steamed Broccoli Milk Carrots With Dip Sliced Pears Strawberries	23 Pizza Sticks Or Italian Flatbread Or BBQ Pork Sandwich Steamed Corn Garden Salad Sliced Apples Cookie Mixed Fruit Milk Choice
26 Barbeque Riblet Or Chicken Patty on a Bun Baby Red Potatoes Green Beans Craisins Sliced Pears Milk	27 Pepperoni Pizza Or Cheese Ravioli & Garlic Toast Steamed Corn Garden Salad Bar Sliced Apples Mixed Fruit Milk Choice	28 Deluxe Nachos Or Quesadilla Fixings Refried Beans Grapes "Jonny Pop" Fruit Bar Juice Milk Choice	<p><u>Build a Healthy Lunch! We provide "Offer vs. Serve"</u></p> <p>Students get to pick (at least) 3 components! Including (at least) ½ cup Fruit, ½ cup Vegetable, Or ½ cup Combo. <u>Milk Choices served daily:</u> White Skim, White 1%, & Chocolate Skim</p> <p style="text-align: center;">This institution is an equal opportunity provider. <i>Menu Subject to Change</i></p>	

