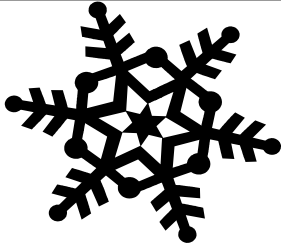







Clear Lake Elementary School Breakfast Menu ~ January 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast is FREE to ALL Students! :)</p>		<p><u>Milk Choices served daily:</u> White 1%, White Skim, & Chocolate Skim</p> <p><u>Juice Choices served daily:</u> Apple, Grape, & Orange</p> <p>This institution is an equal opportunity provider. <i>Menu Subject to Change.</i></p>		<p>1</p> 
<p>4 Breakfast Cereal Or Sausage Pizza Graham Crackers Fruit Juice Fruit Milk Choice</p>	<p>5 Breakfast Cereal Or Oatmeal Chocolate Chip “UBR” Fruit Juice Fruit Milk Choice</p>	<p>6 Breakfast Cereal Or French Toast Sticks Cheese Omelet Fruit Juice Fruit Milk Choice</p>	<p>7 Breakfast Cereal Or Little John Donut Yogurt Fruit Juice Fruit Milk Choice</p>	<p>8 Breakfast Cereal & Cheese Stick Or Ham & Cheese Bagel Fruit Fruit Juice Milk Choice</p>
<p>11 Breakfast Cereal Or Donut Holes Sausage Links Fruit Juice Fruit Milk Choice</p>	<p>12 Breakfast Cereal & Graham Crackers Or Pancake Sausage Stick With Syrup Fruit Juice Fruit Milk Choice</p>	<p>13 Breakfast Cereal Or Oatmeal Cereal Bar Fruit Juice Fruit Milk Choice</p>	<p>14 Breakfast Cereal & Yogurt Or Peanut Butter & Jelly “Uncrustable” Hash brown Fruit Juice Milk Choice</p>	<p>15 Breakfast Cereal Or Cinnamon Roll Hard Cooked Egg Fruit Juice Fruit Milk Choice</p>
<p>18 Breakfast Cereal Or French Toast Sticks Sausage Links Fruit Juice Fruit Milk Choice</p>	<p>19 Breakfast Cereal Or Mini Cinni Cheese Stick Fruit Juice Fruit Milk Choice</p>	<p>20 Breakfast Cereal Or Muffin Yogurt Parfait or Yogurt Fruit Juice Fruit Milk Choice</p>	<p>21 Breakfast Cereal Or Donut Holes Scrambled Eggs Fruit Juice Fruit Milk Choice</p>	<p>22</p> 
<p>25 Breakfast Cereal Pop Tart Fruit Juice Fruit Milk Choice</p>	<p>26 Breakfast Cereal Or Mini Donuts Cheese Omelet Fruit Juice Fruit Milk Choice</p>	<p>27 Breakfast Cereal & Yogurt Or Sausage, Egg, & Cheese Sandwich Fruit Fruit Juice Milk Choice</p>	<p>28 Breakfast Cereal & Graham Crackers Or Pancakes With Syrup Fruit Juice Fruit Milk Choice</p>	<p>29 Breakfast Cereal Or Cinnamon Roll Scrambled Eggs Fruit Juice Fruit Milk Choice</p>


Clear Lake Elementary School Lunch Menu ~ January 2021

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Lunch is FREE to ALL Students! :)</p>	<p><u>Build a Healthy Lunch! We provide “Offer vs. Serve”</u> Students get to pick (at least) 3 components! Including (at least) ½ cup Fruit, ½ cup Vegetable, Or ½ cup Combo. <u>Milk Choices served daily:</u> White 1%, White Skim & Chocolate Skim This institution is an equal opportunity provider. Not all entrée options available for PK students. Menu subject to change</p>		<p>¹ HAPPY NEW YEAR!</p>
<p>4 Taco in a Bag Fixings Refried Beans Sliced Apples “Jonny Pop” Fruit Bar Milk Choice</p>	<p>5 Warrior Burger Or Hot Ham & Cheese Sandwich Potato Wedges Steamed Broccoli Cheese Sauce Applesauce Milk</p>	<p>6 Pizza Sticks Or Italian Flatbread Spaghetti Sauce Steamed Corn Tossed Salad Sliced Pears Cookie Milk Choice</p>	<p>7 Chicken Nuggets Or Teriyaki Chicken Seasoned Rice Green Beans Fresh Vegetables Strawberries Milk Choice</p>	<p>8 Meatball Sandwich Or Hot Dog on a Bun Tator Tots Baked Beans Craisins Orange Smiles Milk Choice</p>
<p>11 PB & J “Uncrustable Or Goldfish & Cheese Stick Fresh Vegetables Yogurt Cup Crackers Chicken Noodle Soup Strawberries Milk</p>	<p>12 “Brunch Lunch I” Cheese Omelet Sausage Links Bell Peppers Hash brown Muffin Fruit Juice Milk</p>	<p>13 Pizza Casserole Or Chicken Drumstick Breadstick Tossed Salad Sliced Apples Milk Choice</p>	<p>14 Mini Corn Dogs Or Fish Sticks Macaroni & Cheese Steamed Broccoli Carrots With Ranch Applesauce Milk</p>	<p>15 Sloppy Joe Or Grilled Chicken Sandwich Tator Tots Baked Beans Mandarin Oranges Milk Choice</p>
<p>18 Pepperoni Pizza Or Cheese Ravioli & Breadstick Tossed Salad Sliced Apples Craisins Milk Choice</p>	<p>19 Chicken Patty on a Bun Potato Smiles Or Au Gratin Potatoes Green Beans Sliced Peaches Milk Choice</p>	<p>20 Cheese Quesadilla Or Taco in a Bag Fixings Refried Beans Mandarin Oranges Slushie Fruit Cup Milk Choice</p>	<p>21 Chicken Nuggets Mashed Potatoes/Gravy Dinner Roll Steamed Corn Applesauce Blueberries Milk Choice</p>	<p>²² NO SCHOOL TEACHER INSERVICE</p>
<p>25 “Brunch Lunch II” French Toast Sausage Hashbrowns Dragon Punch Orange Smiles Milk</p>	<p>26 Warrior Burger Or Macaroni & Cheese French Fries Baked Beans Strawberries Milk Choice</p>	<p>27 “Oodles of Noodles” With Meat Sauce Or Chicken Alfredo Breadstick Tossed Salad Sliced Pears Milk Choice</p>	<p>28 Mandarin Orange Chicken Or Popcorn Chicken Rice Green Beans Carrots Pineapple Fruit Juice Fortune Cookie Milk</p>	<p>29 Ham & Cheese Sub Or PB & J “Uncrustable” Fresh Vegetables Chips Milk Choice Sliced Apples Slushie Fruit Cup</p>

Clear Lake High School Breakfast Menu~January 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast is FREE to ALL Students! :)</p>		<p><u>Build a Healthy Breakfast!</u></p> <p>May select 1 fruit juice, 1 milk, and a ½ cup serving of fruit. May select 2 Entrée Options (* items count as 2). Entrée Options in blue may be doubled to count as your 2 items. Milk Options: White 1%, White Skim, & Chocolate Skim Juice Options: Apple, Grape, & Orange Menu Subject to Change This institution is an equal opportunity provider.</p>		<p>1</p> 
<p>4 <u>Entrée Options</u> Cereal Sausage Pizza Yogurt Pop Tart Cheese Stick “Gripz” Graham Crackers</p>	<p>5 <u>Entrée Options</u> Cereal Yogurt “Gripz” Graham Crackers Donut Holes Sausage Links</p>	<p>6 <u>Entrée Options</u> Cereal Mini Cinni Scooby Bone Crackers Muffin Oatmeal Yogurt</p>	<p>7 <u>Entrée Options</u> Cereal Cheese Omelet Muffin French Toast Sticks Pop Tart</p>	<p>8 <u>Entrée Options</u> Cereal Cheese Stick Cereal Bar Muffin Ham & Cheese Sandwich*</p>
<p>11 <u>Entrée Options</u> Cereal Sausage Links Muffin Chocolate Chip “UBR” Cereal Bar Cheese Stick</p>	<p>12 <u>Entrée Options</u> Cereal Muffin Yogurt Sausage, Egg, and Cheese Sandwich* “Gripz” Graham Crackers</p>	<p>13 <u>Entrée Options</u> Cereal Yogurt Scrambled Eggs Muffin Little John Donut Scooby Bone Crackers</p>	<p>14 <u>Entrée Options</u> Cereal Cheese Omelet Muffin Pancakes Yogurt Parfait</p>	<p>15 <u>Entrée Options</u> Cereal Yogurt Cinnamon Roll Pop Tart Sausage Links</p>
<p>18 <u>Entrée Options</u> Cereal Yogurt Muffin Ham & Cheese Sandwich* “Gripz” Graham Crackers</p>	<p>19 <u>Entrée Options</u> Cereal Cheese Omelet Cereal Bar Yogurt PB & J “Uncrustable” Muffin</p>	<p>20 <u>Entrée Options</u> Cereal Muffin Donut Holes Sausage Links Pop Tart</p>	<p>21 <u>Entrée Options</u> Cereal Cheese Stick “Gripz” Graham Crackers Biscuits and Gravy* Muffin Sausage Links</p>	<p>22</p> <p>NO SCHOOL TEACHER INSERVICE</p>
<p>25 <u>Entrée Options</u> Cereal Pop Tart Pancake Sausage Stick Cereal Bar Yogurt</p>	<p>26 <u>Entrée Options</u> Cereal Yogurt Muffin “Gripz” Graham Crackers Chicken & Waffle Sandwich*</p>	<p>27 <u>Entrée Options</u> Cereal Cheese Omelet Cheese Stick Muffin Little John Donut</p>	<p>28 <u>Entrée Options</u> Cereal Pop Tart Mini Donuts Sausage Links Muffin</p>	<p>29 <u>Entrée Options</u> Cereal Cheese Omelet Yogurt Cinnamon Roll Cereal Bar</p>

Clear Lake High School Lunch Menu ~ January 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Lunch is FREE to ALL Students! :)</p>	<p><u>'A la Carte Options:</u> Extra Entrée \$1.75 Cookies, Chips, Or Fruit Snacks \$1.00 Milk \$0.35</p>	<p style="text-align: center;"><u>Build a Healthy Lunch! We provide "Offer vs. Serve"</u> Students get to pick (at least) 3 components! Including (at least) ½ cup Fruit, ½ cup Vegetable, Or ½ cup Combo. <u>Milk Choices served daily:</u> White 1%, White Skim, & Chocolate Skim This institution is an equal opportunity provider. <i>Menu Subject to Change</i></p>		<p>¹ HAPPY NEW YEAR!</p>
<p>4 Tacos Or Ham & Cheese Sandwich Fixings Refried Beans Pineapple Tidbits Sliced Apples Sherbet Milk Choice</p>	<p>5 Warrior Burger Or Hot Ham & Cheese Sandwich Potato Wedges/Cheese Sauce Steamed Broccoli Sliced Peaches Strawberries Milk</p>	<p>6 Pizza Sticks Or Italian Flatbread Corn Marinara Sauce Tossed Salad Orange Wedges Pears Cookie Milk Choice</p>	<p>7 Chicken Nuggets Or General Tso's Chicken Rice Green Beans Fresh Vegetables Mandarin Oranges Juice Dinner Roll Milk</p>	<p>8 Meatball Sandwich Or Hot Dog on a Bun Tator Tots Baked Beans Applesauce Blueberries Fruit Salad Milk Choice</p>
<p>11 Garlic Cheese French Bread Or Peanut Butter Sandwich Chicken Noodle Soup Fresh Vegetables Marinara Sauce Applesauce Crackers Peaches Milk Choice</p>	<p>12 Chicken Philly Sub Or Barbeque Chicken Sub Fresh & Roasted Vegetables Craisins Oriental Slaw Mandarin Oranges Chips Milk Choice</p>	<p>13 Pizza Casserole Or Chicken Smackers Breadstick Apples Steamed Corn Milk Tossed Salad Pears Frozen Yogurt</p>	<p>14 Mini Corn Dogs Or Fish Sticks Or Chef Salad Macaroni & Cheese Steamed Broccoli Milk Carrots With Ranch Oranges Slushie Fruit Cup</p>	<p>15 Sloppy Joe Or Spicy Chicken Sandwich Curly Fries Baked Beans Pineapple Fruit Juice Milk Choice</p>
<p>18 Pepperoni Pizza Or Cheese Ravioli & Breadstick Steamed Corn Tossed Salad Apples Sliced Pears Milk Choice</p>	<p>19 Chicken Patty on a Bun Or Barbeque Pork Sandwich Baby Red Potatoes Green Beans Strawberries Sliced Peaches Milk Choice</p>	<p>20 Deluxe Nachos Or Cheese Quesadilla Refried Beans Fixings Fruit Medley "Jonny Pop" Fruit Bar Juice Milk Choice</p>	<p>21 Chicken Nuggets Or Breaded Pork Chop Mashed Potatoes/Gravy Dinner Roll Mixed Fruit Sweet Potato Souffle Applesauce Milk</p>	<p>22 No School</p> 
<p>25 "Brunch Lunch" Cheese Omelet Muffin Sausage Links Juice Hash browns Orange Wedges Milk Choice</p>	<p>26 Warrior Burger Or Barbeque Rib Sandwich French Fries Baked Beans Mandarin Oranges Sliced Pears Milk</p>	<p>27 Penne Pasta With Meat Sauce Or Chicken Alfredo Breadstick Caesar Salad Steamed Broccoli Slushie Fruit Cup Apples Milk Choice</p>	<p>28 Chicken Smackers Or Mandarin Orange Chicken Rice Green Beans Carrots Applesauce Pineapple Fortune Cookie Milk</p>	<p>29 Ham & Cheese Or Grilled Chicken Sub Fresh Vegetables Tangy Broccoli Salad Grapes Strawberries Chips Milk Choice</p>

